



Óðinshof

First Hof of the Asatru Folk Assembly

www.odinshof.org

Runestone.org Email the Witan [YouTube](https://www.youtube.com)

[VK](https://vk.com) [Twitter](https://twitter.com) [Parler](https://parler.com) [Odysee](https://odysee.com)

[Bitchute](https://bitchute.com) [Rumble](https://rumble.com) [Instagram](https://www.instagram.com)

[Donate to the AFA](#)

Words from the Alsherjargothi



Winter Nights in Ohio was a huge success! Thank you to the Ericksons for hosting an amazing event and special thanks to Cole Distel and his family for all their hard work at the event! These yearly events are natural times to take stock of how far we have come from previous years. At this year's Winter Nights, I had the pleasure and honor of performing 3 Baby Naming Ceremonies. A huge advance in the AFA has been the massive increase in healthy and thriving families. I am so proud to see all the AFA

babies being born. And for the first time, this year, we have a homeschooling program in place to educate these new children in a healthy and safe way with truth and good character.

Another thing of note from Winter Nights is just how much the AFA membership has grown, overall, and East of the Mississippi specifically. Once upon a time, the AFA was heavily weighted in California and on the West Coast. For a long time that West Coast perception was dominant. In the 11 years since the first Winter Nights in the Poconos, the AFA has spread thickly across the country, and we have members now in 14 countries!

We are winning! We are blessed by our amazing Gods!

Hail the Gods!

Hail the Folk!

Hail the AFA!



Matthew D. Flavel
Alsherjargothi, Asatru Folk Assembly
mattflavel@runestone.org

Words From Our Witan

LAWSPeAKER'S CHALLENGE — STAY HUNGRY



Before I set up this month’s challenge, a brief word about the origin of this series. As I see it, the purpose of any spiritual practice is self-improvement. Moralistic practices seek this goal with prescriptions, a list of “thou-shalt-not,” which, if followed closely, can be a guide for simple behavioral improvements.

Our faith is more subtle and complex, and we must look to the examples of our elders – the Gods and ancestors – as instructive. This “middle path” of right discernment is difficult, requiring constant analysis and self-critique. “Wotan expects me to man up,” as one phrasing has it.

Thus, the challenge is to stay hungry. Certainly, a part of this idea is to stay hungry in the spiritual sense, to constantly read, learn, and grow in understanding and camaraderie, but the challenge this month is strictly in the mundane sense of physical hunger.

Most of us (not you, Witan Callahan!) could stand to lose a few pounds, and yes leaving some food on the plate occasionally can further that goal, but my intent here is not to encourage us to lose weight but to maintain more situational awareness. Satiety – that feeling of a full stomach that most of us carry all day every day– dulls the senses and general awareness. Yale University researchers found that mice that were induced to feel hunger not only had sharper physical senses but increased memory and learning capacity as well.

Stay sharp; stay hungry.



Witan Allen Turnage
aturnage@runestone.org

Words From Our Gothar

Creation (Creatio Ex Materia or Creatio ex Nihilo)



All peoples have a creation myth.

Whether it's the African bush people who believed their people and animals lived together underground until Kaang dug a hole for them to climb out of to live on in the world he created for them; the Indios of the Americas that emerged from their sacred caves, or lived on a great island that floated in the ocean attached to four thick ropes from the sky; The Chinese Hundun and Hawaiian Kumulipo whose cosmogonic myths describe creation from chaos with the dismembered corpse of a primordial being (Pangu and Mesopotamian Tiamat), world parent siblings (Fuxi and Nuwa and Japanese Izanagi and Izanami) or the Zoroastrian Ahura Mazda, they believed the basic element was qi ("breath; air; life force"); while other cultures like Mesopotamia, Egypt, and Greece believed a primeval water was the single element that existed in the beginning.

That brings us to the Abrahamic faiths of Judaism, Islam, and Christianity. They all believe in the beginning Yaweh created heaven and earth. The only exception being the Mormons who believe the world was created from existing matter. But this can be attributed to the exception the proves the rule, and it can also speak to the ancestral memory of the European descendants who broke from Christian doctrine.

There are many differences between the native faiths of the former, many of which will have a familiar ring to anyone who has studied Indo-European religions, and the latter Abrahamic faiths. The most obvious is polytheism vs monotheism. Then there is the idea of redemption for past dishonorable acts with noble deeds to improve our wyrd vs individual salvation from an external omnipotent being for the asking. But it all starts with the irreconcilable polarity found in their respective ideas of Creation.

Creatio ex materia or ex nihilo?

In Latin creatio ex materia means "creation out of preexisting material". All Pre-Abrahamic creation stories share this idea, including Asatru, that the universe was created from preexisting matter by their divine powers. Only the Abrahamic faiths, teach the idea of creatio ex nihilo, or "creation out of nothing".

Why is this important?

Our creation stories are central to who we are as a people. Our worldview is rooted in creation. For us, the act of creation, of beating back chaos and bringing order to the world is replayed in every blot. Do we start from a world-accepting belief, that we exist within and are a part of the world, or from a soteriological and eschatological one that is world-rejecting? Not only is this difference important, but we see how creatio ex materia is healthier and more instinctual for our Folk.

After all, Indo-Europeans held the value of Truth above all others.



Since this topic centers around what happened in the beginning, let's begin there with our own creation story and the similarities to those above. Before anything, there was the great abyss Ginungagap, and Fimbulthyr moved upon the face of the deep that flowed from Niflhem (the primeval waters; laguz) freezing them before meeting the flames of Muspelheim. The melted drops of vapor formed the giant Ymir (the primordial being), the father of the race of giants that were Chaos. To the Proto-Indo-Europeans in the beginning EVERYTHING was water. And EVERYTHING was Chaos, beyond understanding.

Óðinn and his brothers, the sons of Bor, slayed Ymir and from his body, they made the universe. They created order. Then the Gods formed Ask and Embla with Óðinn giving them önd or the breath of life, Vili giving them óðr or wit/spirit/soul, and Vé giving them goodly hue or their form and senses ("breath; air; life force" above). For the PIE there were Yemos and Mannus (the twins) who also brought order to the world with Yemos' sacrifice.

What all these creation stories have in common is that the world was formed out of matter that already existed. Because matter cannot be destroyed, it must have always existed. If the water boils away, it still exists in the form of vapor. If a tree burns, the heat, smoke, and ash are carried away by the winds. Rain falls, the plants grow, and

animals eat the plants and grow in turn. The matter is transformed (kenaz), but it is not gone. This is the natural reasoning for creatio ex materia. It is a demonstrable truth.

Our ancestors possessed this knowledge and it had to be wrested from them by the imposition of the wholly foreign idea that something can come from nothing. This is the faulty foundation on which the idea of salvation is built. That paradise can be bestowed just for the asking. Our ancestors understood the need to make deposits into the well of urðr to earn your ørlög. Our deeds are the material from which our fate is created, it does not come from nothing any more than the cosmos could.

Furthermore, the native faiths of not only our people, but all people, bound them to this world. We live in the world, not upon it. Ours is a world-accepting religion. It is a symbiotic existence, aligned with the cosmos; what to our PIE ancestors would form the Xartus. To live in right action (raido) in accordance with the cosmos, allows our spirit to resonate. This is how our people, and all people, can live a healthy life. The dissonance we experience from living in discord with the Xartus, ignoring the primal laws, harms the spirit and it spreads through the soul complex manifesting in mental as well as physical illnesses.

With creatio ex nihilo we are disconnected from the act of creation. It is handed to us, with no effort, no sacrifice. Just like the idea of an individual mentioned earlier, it is an ørlög unearned. That is not how we interact with the world around us, so a dissonance is created in the spirit of our people that is growing hard to ignore. Many of our Folk cannot identify what that uneasy feeling they have deep inside of them is, but they know it is there. It's like playing piano that is out of tune. No matter how skilled you are, it will not make beautiful music until it is in tune.

Asatru is our tuning fork.



Gothi Lane Ashby

lashby@runestone.org

Sigrheim: Home of the Asatru Folk Assembly



Progress has moved swiftly on this amazing dream. We have scouted property in Tennessee. We are ready to make our purchase. Thus far, we have raised 9.8% of the down payment! Please help us make this dream a reality. As always, donations of \$500 and over get a nameplate on the donor plaque that will go up in the hall. Thank you all for your generosity.

<https://www.runestone.org/product/sigrheim/>



Sigrheim Fund – Asatru Folk Assembly

Sigrheim will be our AFA home and capital. Sigrheim will be an intentional community with AFA members living on site, a glorious hof to Týr, a grand hall, lodging for guests and so much more.

www.runestone.org



Matthew D. Flavel

The Quest for Freyshof

“Njördr in Nóatún begot afterward two children: the son was called Freyr, and the daughter Freyja; they were fair of face and mighty. Freyr is the most renowned of the Æsir; he rules over the rain and the shining of the sun, and therewithal the fruit of the earth; and it is good to call on him for fruitful seasons and peace. He governs also the prosperity of men.”

– Gylfaginning



[Freyshof Fund – Asatru Folk Assembly \(runestone.org\)](https://runestone.org)

This sacred quest has had a great start so far! The generosity has been amazing, as always!

This is the list of things that need to happen before we can make Freyshof a reality:

1. We need to pay off Njörðshof. (We have paid off 40.2% so far)
2. We need to raise our monthly donation average by 15%. (This is membership dues/hoftollar plus other donations)
3. We need to locate a suitable property.
4. We need to find lenders and build a war chest.

This is not a "quick" process so stay the patient and resolute. As we progress, I will

keep you all updated on our progress!

Hail Freyr!



Matthew D. Flavel
Alsherjargothi, Asatru Folk Assembly
mattflavel@runestone.org

AFA Homeschool Program



[Welcome | Asatru Academy](#)

Greetings AFA Academy families!

We hope everyone had a wonderful winter nights. It warmed my heart to see so many smiling children at winter nights in Ohio!

Now that winter nights has passed, the wild hunt begins! As we get ever closer to yule. In the month of December, much of our concentration will be on the yuletide festivities, and I'll write some great wild hunt ideas and yuletide traditions from Europe that can be used as part of our school time.

As we gear up, let's not forget about Thanksgiving! Many of our gods and kindreds will be celebrating a folks giving. We would love to see your pictures and your artwork! Please submit to rstamm@runestone.org or any of our academy staff.



Gothi Robert Stamm
Dean of AFA Academy
rstamm@runestone.org

Day of Remembrance

Queen Sigríð of Sweden



Though little information about Sigrid, Queen of Sweden, exists in a historical text, the stories abound. Born a Swedish noblewoman Sigrid married Erik the Victorious and together they had one son. She became the Regent after the king's death, and it wasn't long before her vast wealth drew out all of the suitors, one of whom was her foster brother.

Tired of the constant suitors, and very aware of poor manners, it is said that Sigrid invited her foster brother and another suitor to a feast only to light the building on fire and lock them inside. This didn't scare away the Christian Tyrant, Olaf Tryggvason. She might have entertained his proposal, but when he demanded that she convert to Christianity to wed him, Sigrid immediately turned him away. This enraged Tryggvason so much that he first insulted her age and beauty, and then slapped her. The story says she then told him that his behavior very well might lead to his death.

It was not long before Sigrid united Sweden with Denmark by marrying King Sweyn Forkbeard. Already feuding with Olaf, it didn't take much for Sigrid to convince her new husband to go to war. This led to one of the largest ancient maritime battles, the Battle of Swold, in which Olaf Tryggvason was killed.

What can we learn from this story?

While we can't run around burning to death the people that annoy us, we can take a stand for ourselves and our Folk. We have the right to defend ourselves and our dignity from those who would try to diminish us. And when we all work together as a cohesive group, much can be done to defend and raise our Folk up.

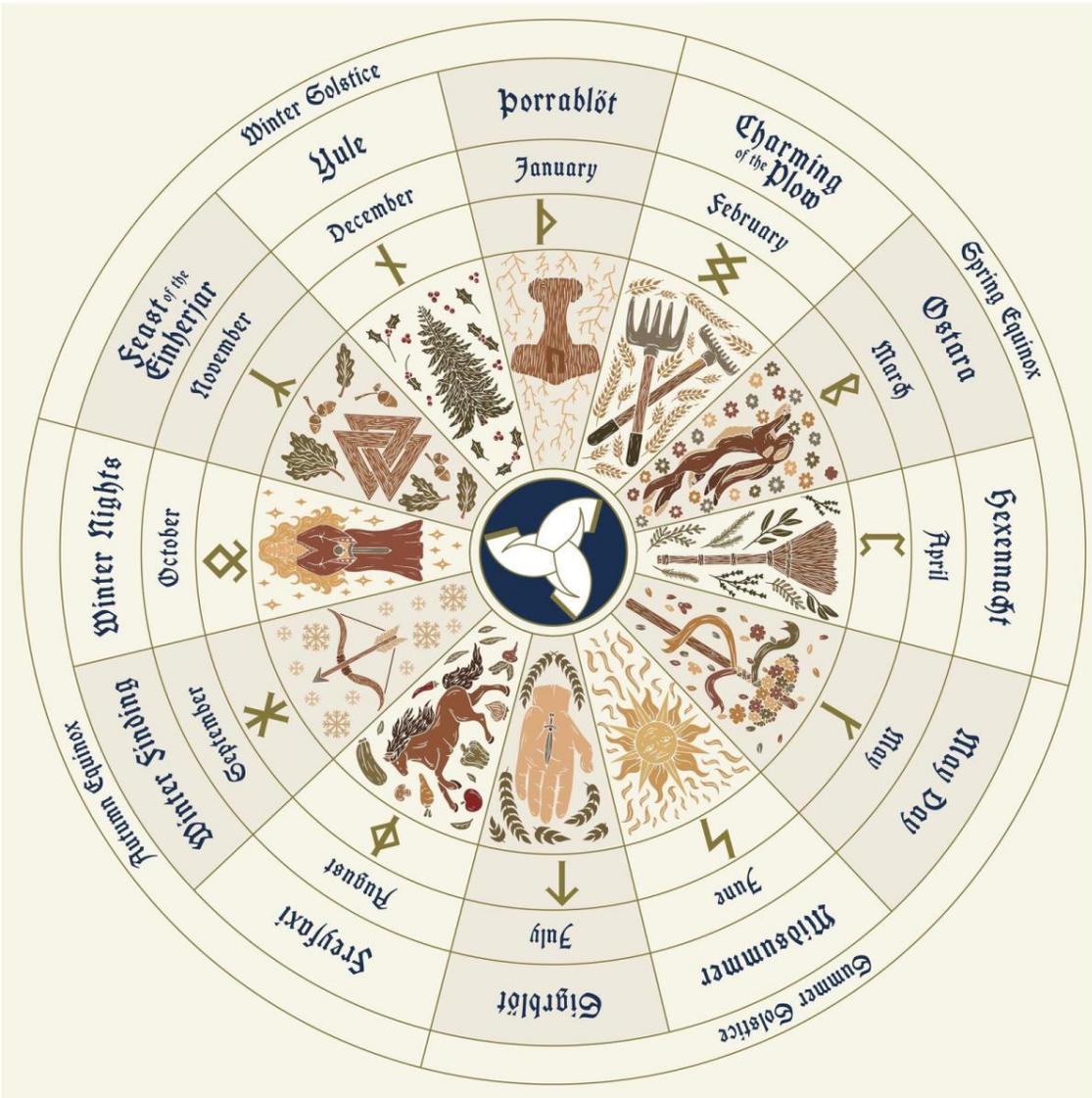
It is never in our best interest to play it nice just for the sake of being polite. Honesty

and hard truths are rarely looked at with fondness, but they are so important. Be honest, be truthful, defend and build your dignity. We are our deeds.



Gythia Catie Erickson
cm.erickson@runestone.org

Remembrance and Holy Days



Date	Observance
January 9	Day of Remembrance for Raud the Strong
January 15	Þorrablót
February 9	Day of Remembrance for Eyvind Kinnrifi
February 19	Charming of the Plow
March 9	Day of Remembrance for Olvir of Egg
March 20 (observed on 21st)	Ostara
April 9	Day of Remembrance for Jarl Haakon
April 31 (observed on 16th)	Hexennacht
May 9	Day of Remembrance for Else Christensen
May 1 (observed on 21st)	May Day
June 9	Day of Remembrance for King Athanaric of the Goths
June 21 (observed on 18th)	Midsummer
July 9	Day of Remembrance for Alexander Rud Mills
July 16	Sigrblót
August 9	Day of Remembrance for King Radbod of Frisia
August 20	Freyfaxi
September 9	Day of Remembrance for Prince Hermann of the Cherusci
September 21 (observed on 17th)	Winter Finding
October 9	Day of Remembrance for Meister Guido von List
October 15	Birthday of Founder Stephen McNallen
October 15	Winter Nights
November 9	Day of Remembrance for Queen Sigríð of Sweden
November 19	Feast of the Einherjar
December 9	Day of Remembrance for Egill Skallagrímsson
December 20	Mother's Night
December 20-31	Yuletide

Feast of the Einherjar



One of the most recognizable motifs in Asatru is that of the Viking warrior. Helm, sword, beard, and blood: boys and girls have long been mesmerized by the stories of Valkyries and the eternal feasting and fighting of the Einherjar in Odin's hall, Valhalla. Pop culture has taken the Berserker and the Valkyrie and remade them hundreds of times.

Our ancestors lived in a different time when fighting wars and general "viking" was necessary for survival. For a warrior, to die in battle was the greatest honor. Today, war is not necessary for the same way. Most people scoff at war, and urge their children to "do better" or "be better". For those of us who practice Asatru, however, we recognize the importance and the value of the warrior. More important still, is the importance and the value of those who have fallen, the Einherjar.

Once a year we set aside a day specifically to honor the Einherjar. We raise a horn to the fallen warriors to thank them for fighting for our people and our freedom. One way to celebrate is to set a place at the table for the Einherjar. Serve them the same food you are eating for dinner. Pour them a glass of wine or beer. When you are done, leave the plate outside under a special tree in offering. Another way to celebrate would be to visit the graves of veterans at a local cemetery and help to clean them up. Leave some decorations or a small flag.

You don't have to have any veterans in your immediate family. It is a guarantee that somewhere down your ancestral lines you have family who fought in a war, and most likely, that some of them didn't return from the front lines. It is in your blood. So raise that horn, and raise it high. Remember our fallen.

Hail the Einherjar!



Gythia Catie Erickson
cm.erickson@runestone.org

Recap on Winter Nights XI in Ohio



When I was informed this spring by Camp Netimus that the camp would not be doing group rentals going forward, I was disappointed and a bit uneasy. That place in the Poconos was home to AFA Winter Nights for as long as I had been an AFA member and it was difficult to imagine it being held anywhere else. I put the call out to our Folkbuilders to help find a place to make sure Winter Nights were held on schedule. Not long after Folkbuilder Timmy Dumas let me know that long-time AFA member Cole Distel, who in years past has himself put in some time as a Folkbuilder, had a family camp that might be suitable. The camp didn't have everything finished that we were used to, but Cole, his wife Tiff, and Cole's mom went out of their way to make everyone comfortable. A big thank you to the Distel family!

AFA Winter Nights 11 in Ohio was amazing. The Folk showed up in force, with more

people attending, with more children attending, than any previous Winter Nights. We were blessed to witness three families present their babies to be named, and three of our best AFA leaders took their Oaths as AFA Folkbuilders. Congratulations to Christine Dumas, Joe Drotos, and Jon Rock, and Hail to the babies!



Our lovely Jessicas helped the children with crafts including a paper Yggdrasil tree. Apprentice Jonathan Montgomery did a great job as our auctioneer, and with the help of those who donated items to the auction and those who bid on these items the AFA raised almost \$4000 for the AFA Hof fundraiser. Witan Svan shared with the children the story of how the world came to be, and of the theft and recovery of Thor's hammer.

I had the honor of sitting as Thule during the High Sumbel and I am grateful to our Folk who spoke nobly and rightly. Cynthia Erickson led our Folk in communing with our Disir. Alsherjargothi Flavel led the Folk in a powerful Odin blot.

And so much more...

So many AFA families have started at Winter Nights, including my own, and I hope that this year lifelong bonds were forged again.



Witan Clifford Erickson
cerickson@runestone.org

Upcoming National Events

Feast of the Einherjar



[Register Here](#)

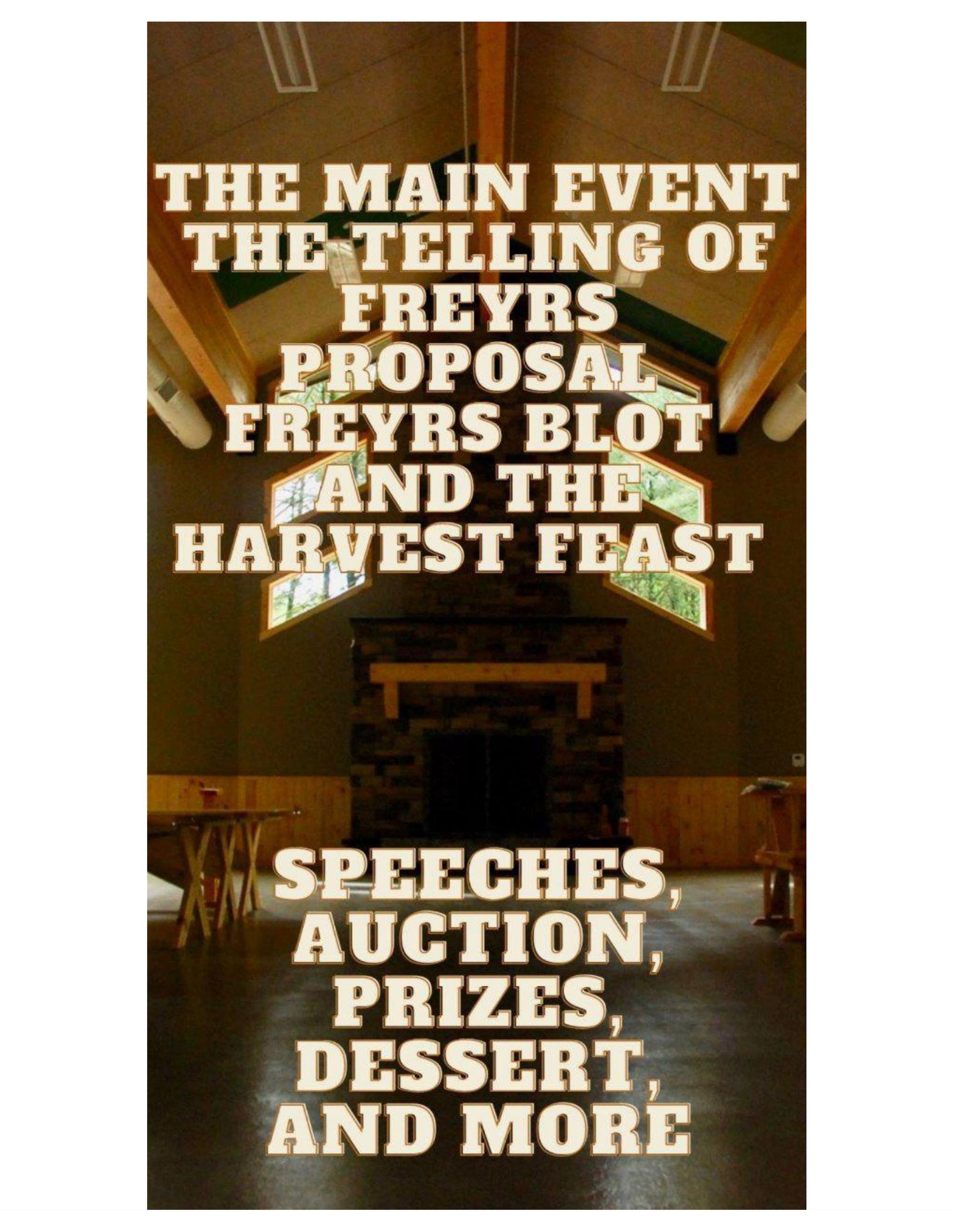
Come and join your Folk for a weekend-long celebration as we Honor the Einherjar. Presentations, Games, feasting, and Blots!

Freyr's Harvest Feast in Idaho

FREYR'S HARVEST FEAST NOVEMBER 2022



[Register Here](#)



**THE MAIN EVENT
THE TELLING OF
FREYRS
PROPOSAL
FREYRS BLOT
AND THE
HARVEST FEAST**

**SPEECHES,
AUCTION,
PRIZES,
DESSERT,
AND MORE**

Fólkvangr Cascadia and Northern Bastion invite you to honor Njord, Freyr, and Freya for a three-day Blot and Feast on the banks of Lake Couer D'Alene where we will gather in frith enjoying good food and even better company. An AFA blacksmith will be working the forge for all to see and our instructors will teach Glima (historical Viking wrestling) leatherworking and basketweaving. Compete in events for prizes, see the telling of Freyr's Proposal on stage and give thanks to the gods. With events, speeches, a big auction, and vendor tables there's too much to do to be put into words and it's definitely something you don't want to miss.

Join us from Nov 25-27th in Coeur D'Alene greater area. The event kicks off Friday afternoon and ends Sunday. Lodgings include cabins, bunkhouses, auxiliary buildings, and campsites. The feast will be in the great hall and festivities range from the forge, throughout the site, and even on the stage. Email Folkbuilders Tyler Heinlein (theinlein@runestone.org) or Derek Wright (dwright@runestone.org) for more details!

Charming of the Plow at Njordshof



We are excited to announce the 2023 National Event for Njörðshof will be Charming of the Plow!

More info coming soon.

See you there!



Witan Clifford Erickson
cerickson@runestone.org

Be A Doer



We need you to volunteer for the AFA!

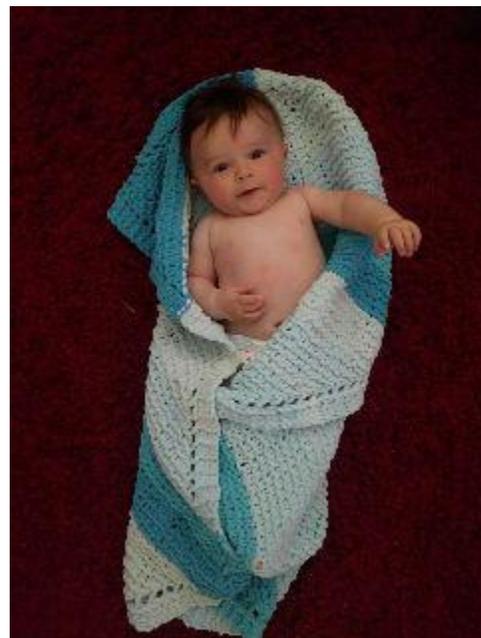
Yes, you. We have work to do and need folk who are artists, editors, writers, accountants, lawyers, publicists, reputation managers, professionals of all manner, technical support, web developers, system admins, tradesmen, craftswomen, and more. See the list of amazing projects we have below. We will find a way for you to help our Folk.

Please email volunteer@runestone.org to help us make a difference in our world.

Baby Blanket Project

The Women of the AFA are proud to be continuing this fine and noble work we call the Baby Blanket Project! We're committed to ensuring all new babies born within the AFA are gifted a handmade — knit, crocheted, or woven — baby blanket! It's just our little way of celebrating each new addition to our folk!

This project has been going strong for nearly a year now, and has been a rousing success! The Ladies of the AFA have knitted, crocheted, and sewn beautiful baby blankets for over 20 of our littlest folk, with more on the way. They've been delivered everywhere from Alaska to Florida, California to Sweden!



If you are a member of the AFA who is expecting a baby, please let your Folkbuilder know so we can get a blanket to you. If you would like to contribute, either financially or by volunteering as a baby blanket crafter, let your Folkbuilder know about that as well, so he can get you in touch with the right people. It's so rewarding to see your handicraft being loved by our little heathens!

Would you like a blanket for your newborn, or to donate and help with yarn costs (yarn is expensive!)? Please email babyblanket@runestone.org today!

Folk Services



For some, it may be a natural disaster. For others an unexpected change in health, and for some just an unforeseen chain of events. Whatever the case may be sometimes we find ourselves in a sticky situation, and although we try and to work and do our best to pull ourselves out, sometimes we may need the help of our Folk community to give us a hand up...

That's when our folks Services Program comes in. We give one-time monetary grants to those members in need. These folks are so grateful and we know that once they get back on track they will contribute to this fund. For those that are able, we are in need of funds so we can be prepared for when these situations arise in our community. If you're able please place a donation today. Even a small donation adds up in the grand scheme of things and even \$5 or \$10 can help if enough people pitch in. If even a fraction of the folks who like the page did that each month, imagine the possibilities!

AFA Folk Services is intended to provide modest, one-time monetary grants to AFA members in dire need of basic services. It is also to be a source for referrals and information to help members get help beyond what the AFA can directly provide. For more information, please email folkservices@runestone.org.

Your contributions are earnestly solicited and of course, are tax-deductible! Please donate to Folk Services or one of our other AFA Fundraisers at <http://www.runestone.org/donate/>.

Thanks in advance!

Photo Donations

We have a real need for hi-res photographs of our members' gathering, being active in their kindreds, and showing what it means to live Asatru!



If you are willing to donate some hi-res photos for use in promotions such as the AFA Calendar, the AFA website, our publications, and more please email them to the AFA at photos@runestone.org. The larger the resolution the better, so please email them from the device where the photo was taken.

Eir's Blessings



Everybody needs a little extra help sometimes. Women, being the frithy creatures that we are, are uniquely suited to the task of manipulating energy for the purpose of healing. Magic, you could say.

Do you have a health concern and need a little extra energy? Are you battling with a mental illness like depression or PTSD? Is your baby having a hard time with teething? If you've answered yes at all, reach out to us. Once a month women of the AFA will get together to perform healing rituals all across the globe. If you would like to be included, please send a message to let us know!

At the same time, Women of the AFA! If you are interested in helping to create a frithful, healing magic, let us know! It's easy, but it makes a huge difference to those in our community who need our help!

You can reach us at EirsBlessings@runestone.org

Last Will and Testament

Recently, several members of our AFA family have passed beyond the veil. One was an old man in ill health, two were young men in the prime of life... all died with no legal

will on record. Sadly, in two of these cases, our dead AFA members did not have their wishes respected regarding their funerals nor the final resting places of their remains.



We never know when tragedy will strike. We have a responsibility to our loved ones, we have a responsibility to our own legacies, to plan for our passing, and to make our wishes known. Planning for and contemplating our death is uncomfortable. Hopefully, we all have plenty of time for that down the road, but we can't count on that. Maybe we worry about expenses or hiring a lawyer. We all have excuses to put things off until later, unfortunately, sometimes the clock runs out before "later" happens.

We have found an amazing resource for our U.S. members to make legally binding wills in minutes online for **free**. This site also has resources to make Advanced Medical Directives and Powers of Attorney. It takes only **minutes** at <https://www.doyourownwill.com/>.

Please make your will **today**.

The AFA would like to collect signed original copies of wills for all our members and store them. We want to ensure that when members of our AFA family die, their wishes are honored. Please send these to:

Allen Turnage
PO Box 16027
Tallahassee FL, 32317



Witan Allen Turnage
aturnage@runestone.org

The Artisans of the AFA Support Our Folk



Wyrd Weaver - I'm a fiber artist in Texas and a solitary AFA member.





I spin all my own wool yarns on my spinning wheel, then turn those yarns into woven and nålbinded garments.





My Facebook page is <https://m.facebook.com/wyrdweaversca>



Folkbuilder Jessica Lambert
jlambert@runestone.org

Ancestral Food and Culture



My mother came to visit us last week and to celebrate she made fun and tasty bread for us all to enjoy.

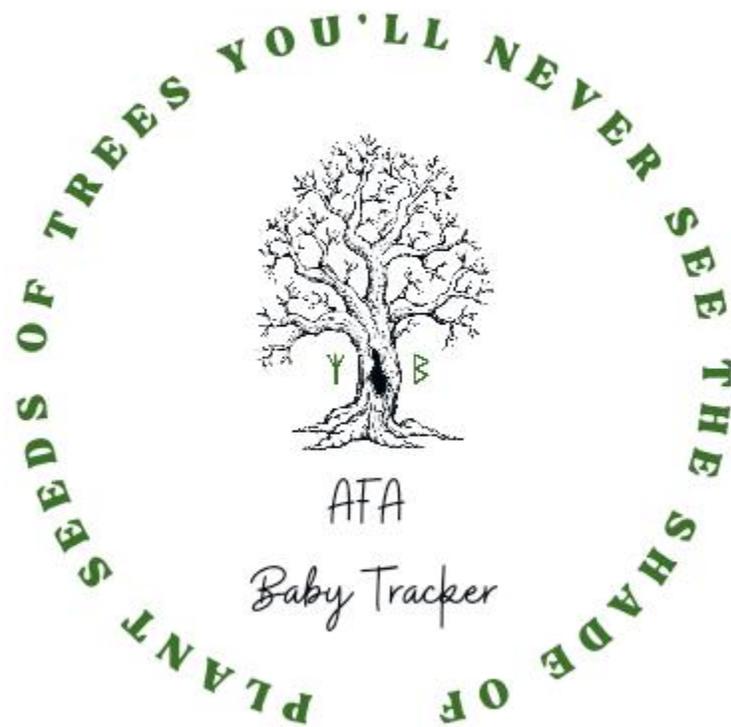
Barmbrack also known as báirín breac (speckled loaf in Irish Gaelic), is a tasty cake made with dried fruit and spices like cinnamon, nutmeg, and cloves. The cake gets its name from its appearance, as the fruit is dotted throughout the loaf, and more scarce compared to other types of fruit loaves. It has a similar flavor to fruitcake or a fruit loaf but is less rich. With its warming baking spices, you can make barmbrack all year round, even if it is traditionally served on Halloween. This tradition would date back to the ancient Celtic festival of Samhain. This would coincide precisely with the harvest season when the fruits were collected and stored to make sweets during the Christmas holidays.

Mix the raisins, sultanas, lemon zest, orange zest, and sugar in a bowl. Whisk the hot tea into the sugar mixture, then cover it and leave it overnight so the flavors can meld together. The next day, combine the flour, baking powder, and spice mix in a large bowl. Add the raisin mixture and the eggs to the flour mixture, making sure to alternate between the two. Beat until the batter is well-combined. Bake the barmbrack for 1 hour 20 minutes to 1 ½ hours at 325°F. Let it cool for 20 minutes, then take the cake out of the pan and let it cool completely on a rack.



Folkbuilder Timothy Dumas
tdumas@runestone.org

Baby Tracker



To show the growth of our folk we present to you an ongoing baby tracker. We will be keeping track of how many children have been and are born within the AFA from 2022 and forward. The ongoing tracking is proof that we are building something sustainable for the future of our folk, which is a place for these children to grow up within and a place where they can feel proud of who they.

Members, please be sure to let your local leadership know if you've given birth to a

child recently to ensure that we get your new baby added to our baby tracker count, as well as getting you more information about other children-related programs and benefits that the AFA offers!

Total babies born in 2022: 40 (up 5 from September!)



Jessica Keller
Apprentice Folkbuilder
jkeller@runestone.org

Yule Card Fundraiser



AFA YULE CARD FUNDRAISER

*Let the Competition
Begin!!!*



Card Artwork created by Reign Kinsler

Odinshof & Baldrshof Districts
contact Ashley Stockton
astockton@runestone.org

Thorshof & Njordshof Districts
contact Jessica Keller
@jkeller@runestone.org



\$20+ shipping
Per pack of 10
All proceeds go to the Hof
with the most orders

Njordshof is in the lead currently! Who's going to win?



Jessica Keller
Apprentice Folkbuilder
jkeller@runestone.org

Now Available in the AFA Store

The Usatru Folk Assembly



2023 Calendar

Now available! For a limited time only!

Pre-order your Official AFA keepsake calendar now!



Order now through Dec 5th and your calendar will arrive in time for Yule!

[Order Here!](#)



Folkbuilder Melisa Mills
mmills@runestone.org

Óðinshof

Food Pantry at Odínshof

The Numbers Grow



This month, we planned for 48 families. Being that each family receives two full bags of staple goods, that kept us busy all Thursday afternoon. Ashley Stockon was prepping for Winter Nights so she was able to help with this phase of the Food Pantry. Lots of helpers were there Saturday morning which made for a flawless distribution. This month, we provided much-needed food for 54 families representing 176 individuals. Twenty new families!

In November, we'll have our regular distribution on the 3rd Saturday, but we plan to offer turkeys and fixings to our local families as well. This is our second year providing Thanksgiving meals. It will be coordinated through the IFM and will require another complete trip out to Brownsville during Thanksgiving week. Busy times!

This month, "Thanksgiving Dinners." Next month? "Yuletide Celebration and Toy Giveaway" on December 18th. Write to sheila@runestone.org if you'd like to donate cash, gift cards, or toys. We can use it all!

Gythia Sheila McNallen
sheila@runestone.org



Winter Nights at Odinhof

The Magic of Winter Nights



Winter Nights has been a long tradition in the AFA, probably due to my own love of the Halloween season. Before the hof, and before our well-attended Midsummers, we had Winter Nights. Every year is different, of course. This one began on Friday night with Oktoberfest!



Ashley Stockton brought forth the idea of Oktoberfest with polka-dancing weeks before the gathering. A good number of people showed up on Friday. As the first weekend activity, it was quite successful. There were dirndls and lederhosen, and a wide dance floor for doing the polka. That high energy continued into the next afternoon when Ashley set up several Oktoberfest games: schlagging nails, a strength test holding beer steins, and tugs-of-war. What fun! Mothers and fathers holding babies can be seen participating in these games.

We also had games for kids, plus the ultimate scary experience, the Haunted Walk. The kids who entered and made it to the end were rewarded with handfuls of candies. Costumes, squealing kids, candy – Halloween had arrived.



Being a three-day event, we had several rituals. Our Alsherjargothi Matt Flavel was at Fallfest in Minnesota, so Founder Stephen McNallen stepped in to perform the Odin Blot on Friday night. Every Gothi has a style, and it was apparent that McNallen's blots have withstood the test of time. They're very distinct from Matt's with their own intensity.

Saturday afternoon, Gythia Sheila McNallen did a baby-naming ritual for the daughter of Brodie and Olivia Sutherland. Before the assembled folk, the wee babe was blessed by the Gods and Norns, and welcomed into our AFA family. She carries the names of her ancestors: Vada Victoria Xyris Sutherland. The three runes handed forth by the Norns will be guiding this young one forward. This ceremony was hailed by the dozens who attended.



We also heard AFA news and updates and presentations by our local leaders. Krystal prepared delicious sliders for lunch and a number of Shepherd's Pie casseroles for our feast. Our after-dinner auction had more items than planned, bringing in many hundreds of dollars to our Odinshof fund. We also heard the powerful poem, *October Women* by Stephen McNallens, that sounds ever new.

Soon, the Winter Nights ritual led by Gythia McNallen commenced in the darkness. With the reminder that this time when boundaries between the worlds are thin, magical events can happen within our sacred circle and beyond. The men were called and heard that call. Kulning, drumbeats, and a song of the Mothers initiated the ritual that would connect us with those ladies who still look on. With hearts full, we called on and questioned our Mothers. To a fading drumbeat, we each received a rune message at the closing. Hail the Disir! Hail, Freya Vanadis!



We have a new and extremely important rite at Odinhof. All who come to the hof are reminded of the powerful presence of Odin in his home. We now return from the ritual circle to stand before his mural. Opening our arms wide, gazing into his one blue-eye, we call out his name. Hail, Odin!



And with that, we said goodbyes to those who needed to get on the road. A dozen of us went back to the bonfire to take part in Sumbel. The intensity of the day was now in ebb. Thoughts were quiet and deep. We honored our Gods, and our Ancestors, and gave many thanks in the last round for the blessings being here now, in the AFA.



Gythia Sheila McNallen
sheila@runestone.org

Upcoming Events at Odinshof



Events at Odinshof

11/19/22	Feast of the Einherjar ~ Folksgiving
12/17/22	Yuletide
01/14/23	Thorrablót
02/18/23	Charming of the Plow
03/18/23	Ostara
04/15/23	Hexennacht
05/20/23	May Day
06/17/23	Midsummer
07/15/23	Sigurblót
08/19/23	Freyfaxi
09/16/23	Winter Finding
10/21/23	Winter Nights
11/18/23	Feast of the Einherjar
12/16/23	Yuletide

ALL dates begin with the
Odinshof Food Pantry in the morning.

Many are 2-3 day events. Check with
Folkbuilders if you plan to stay over.



Odinshof District Meeting



JOIN US FOR OUR SECOND

OdinsHof District Meeting

Friday, November 25
8:30pm Mountain Time

Teams link will be provided

RSVP to Steven Mundy
smundy@runestone.org

Our first meeting was amazing. We had more members than anticipated and the energy was alive. Thank you to Sheila McNallen, Ashley Stockton and Michael Sessumes for the speeches given, they were inspiring and very knowledge-driven. Our next District Meeting will be held on the 25th of November. Come out, listen to some new guest speakers, and mingle with your folk.



Steven Mundy
Apprentice Folkbuilder
smundy@runestone.org



Leadership of Odinhof

Odinhof District Leadership

Our geographic area includes: California, Nevada, Arizona, New Mexico, Colorado, Utah, Wyoming, Montana, Idaho, Washington, Oregon, Alaska, Hawaii, British Columbia, Alberta, Australia, New Zealand

Matt Flavel, Alsherjargothi mattflavel@runestone.org

FOLKBUILDERS

Oathed Folkbuilders

Krystal Podbreger (CA) kpodbreger@runestone.org
Ryan Harlan (MT) rharlan@runestone.org
Mason Johnson (WA) mjohnson@runestone.org
Sam Ramsey (AZ) sramsey@runestone.org
Michael Sessumes (CA) msessumes@runestone.org

Apprentice Folkbuilders

Ashley Stockton (CA) astockton@runestone.org
Sierra Chapman (CA) schapman@runestone.org
Tyler Heinlein (WA) theinlein@runestone.org
Lou Nickerson (AZ) lnickerson@runestone.org
Steven Mundy (ID) smundy@runestone.org
Carter Shafer (WA) cshafer@runestone.org
Nicholas Salo (CO) msalo@runestone.org

GOTHAR

Sheila McNallen, Gythia sheila@runestone.org
Joseph Rozanek, Gothi jrozanek@runestone.org
Thorgrun Odden, Gothi todden@runestone.org

Odinhof Manager

Marc MacLeod odinhof@runestone.org
mmacleod@runestone.org

Admin/Membership

Mandy Flavel
mandy@runestone.org

AFA Founder

Stephen McNallen wolfagemedia@gmail.com

Arizona

Queen Sigrid





On 9 November, the Asatru Folk Assembly honors Queen Sigrid, a noblewoman who lived in Västergötland in Sweden although her background is clouded in the mystery of the many long intervening centuries and historians' debate about her true identity. Sigrid had married Erik the Victorious, King of Sweden, and quickly gained a reputation for speaking her mind and not holding back the truth from those around her. About 995 CE, her husband Erik died, and the powerful Olaf Tryggvason, known to historians as King Olaf I of Norway, sailed to Sweden to win her hand in marriage. Olaf had spent the better part of the last decade converting Norway to Christianity by force and building churches on traditional sites sacred to our Gods. Simply put, Olaf Tryggvason was attempting to dismantle organized Asatru in Norway and replace it with a foreign religion.

According to Snorri Sturlusson, Olaf successfully wooed the widowed Sigrid, and she agreed to marry him. However, Olaf then gave her an ultimatum: convert to Christianity at once. Sigrid refused, retorting to Olaf "I shall not abandon the faith I hold, as my ancestors held before me." Olaf then struck her in the face, but Sigrid was completely unfazed, calmly saying in reply, "That could cost you your life."

Olaf Tryggvason had left a trail of despicable actions behind him, and yet so far had triumphed as Norway's king. But the dishonor of striking a woman as her guest right after asking for her hand in marriage went into the Well of Wyrd, and it marked the beginning of the end of Olaf I. Olaf's vile conduct as Sigrid's guest had formed his fate.

Sigrid did not waste much time weaving the threads of her destiny. As she had proved before, she was never a woman who would back down, and she was not someone anyone would want to have as their enemy. Sigrid married Svend, the king of Denmark, and enlisted the aid of her and Erik's son, Olof, the king of Sweden. Olaf Tryggvason was notorious as an almost unmatched fighter on sea or land and had a fearsomely large ship called the *Long Serpent*. But as Olaf Tryggvason was returning to Norway from Pomerania, the two kings received aid from Erik Håkonsson, son of the legendary Håkon Jarl who ruled Norway with a just hand and resisted all efforts by everyone to force him and his people to convert to Christianity. The combined force of Svend, Olof, and Erik ambushed Olaf's fleet of 11 ships with 70 ships of their own on 9 September of the year 999 CE. Thus began the Battle of Solder.

Olaf Tryggvason, rather than attempting to flee in the face of unfavorable odds, proved

his courage and lashed his ships together, creating a floating fortress that rained death on their attackers, particularly from the higher deck of the *Long Serpent*. But one by one, his ships were finally overwhelmed by their attackers, until in the end, his flagship itself came under direct assault. After a ferocious battle on the decks of Olaf Tryggvason's unmatched warship, Olaf jumped into the sea wearing full armor, preferring suicide rather than capture by his enemies. Olaf's actions, put into the Well of Wyrd, had drowned him, on a date that could only have been chosen by Odin himself.

But Wyrd was not satisfied with merely taking Olaf's life. After the battle was over, with the mighty king of Norway at the bottom of the Baltic Sea, the victors divided up Norway between them, with Erik Håkonsson and his half-brother Svein Håkonsson receiving the majority of Norway, and Svend of Denmark receiving a portion of Viken in the south. Erik and Svein restored the people of Norway's right to practice their ancestral belief, which Olaf Tryggvason of course had done everything he could in his life to eliminating. A massive backlash to Christianity took place in the Norwegian countryside, as churches were closed or destroyed and people returned to their ancestral religion. Olaf Tryggvason's ruthless campaign of forced Christianization was over, and finally, the consequences of his actions caught up with him. Like the Norn Urð herself, Queen Sigrid did her part in acting out the will of the Gods in engineering Olaf Tryggvason's downfall.

Like most of the AFA and of Western Europeans in general, I am descended from King Erik the Victorious of Sweden and Queen Sigrid, and their son Olof. Hail our Ancestor, Queen Sigrid!

Here in Arizona, we are attending the Tucson Celtic Festival on 6 November. Every Tucson-area AFA member should be in attendance, and we will have fun building Frith with our folk. I will let you know how it went next month!



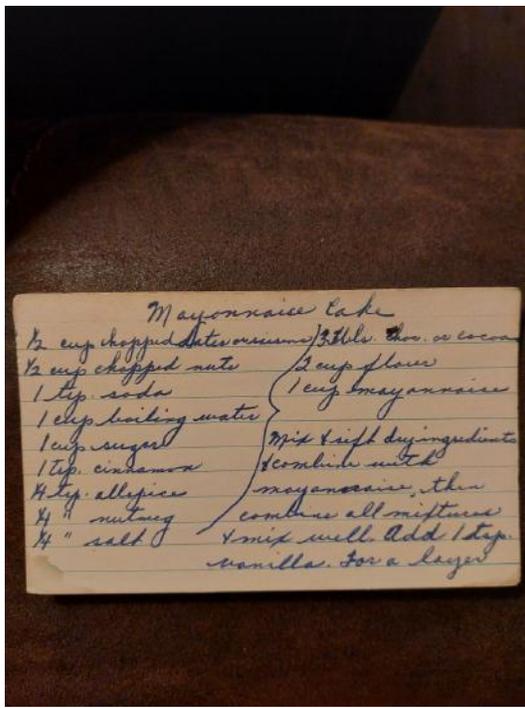
Lou Nickerson
Apprentice Folkbuilder
lnickerson@runestone.org

Stein and Craft Moot



A few of us gathered at the Johnstons' house this month to BBQ, listen to records, drink good German beer out of Nic's fanciest Steins, and to make some awesome crafts for Óðinshof with Danielle's coveted crikut machine! We talked about future events, fundraising ideas (as I always do), and much more. With the help and friendship of this new family and other new members' dedication and enthusiasm, I feel the future of Óðinshof is so bright. It's time like this we spend together that we honor our gods and friends turn into family, only creating a more solid foundation of positivity and kinship within our district. Hail hospitality and hail the folk that works towards building strong bonds. You are a priceless treasure.

Chocolate Cake



For the first episode of odd southern food is my Grandma Dori's recipe for mayonnaise cake.

1/2 cup chopped dates or raisins

1/2 cup chopped nuts

1 top Soda

1 cup boiling water

1 cup sugar

1 top cinnamon

1/4 tsp allspice

1/4 tsp nutmeg

1/4 top salt

3 tablespoon unsweetened cocoa

2 cups flour

1 tsp vanilla extract

1 cup mayonnaise

Mix and sift dry ingredients and combine with mayonnaise. Then combine all ingredients and mix well.

Pour into a greased 9x13 in a baking dish and bake for 30 min at 350°.

Ashley Stockton

Apprentice Folkbuilder

astockton@runestone.org



Making History



Hello AFA Family! I have some very exciting news! The Odinhof History Book is well underway. I am making great progress, but I am lacking PICTURES! I am in desperate need of pictures from Odinhof Events. The older the photo the better. Have pictures from the dedication? AMAZING! Have pictures from baby namings? SPLENDID! The more photos we have the more visual history will be documented to help those who read it feel as if they were there at those special events themselves! With each picture please include AT LEAST the month and year this picture came from. If you could identify who is in the pictures as well that would be most appreciated. For baby namings, if you know the name of the child please include or at least include the parent's name so I can reach out! Wedding/Handfasting Photos from the Hof are splendid as well! History doesn't write itself so it's up to us to document it as best as we can. Pictures can be submitted to Schapman@runestone.org

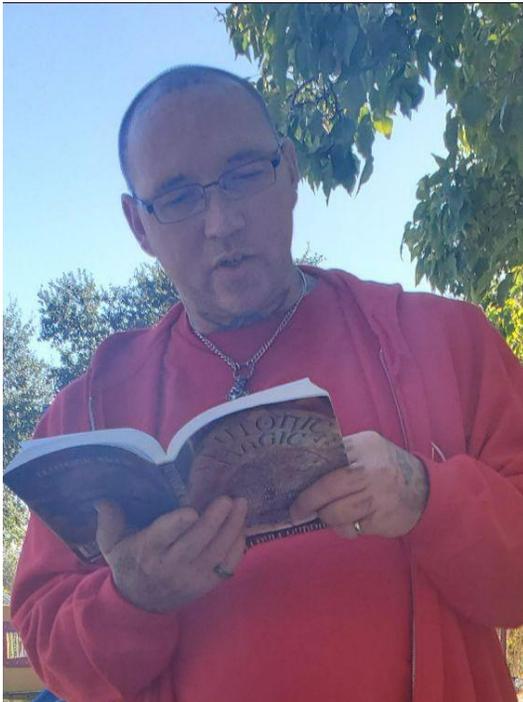
The first Adopt-A-Highway Cleanup is set for November 20th, 2022. We have decided

the Third Sunday of every month is best for the clean-up as it is the Sunday following an event so those who stay overnight can help out and don't have to travel twice to do a clean-up. If you are interested in helping with the cleaning up, please reach out to me Via Email (Schapman@runestone.org) or in person at the events as we only have enough equipment for 6 people (including myself) to participate but "leapfrog drivers" as they were referred to in the training video are always needed. If interest in helping out grows more equipment can always be requested but for now, we will cap at 6 clean-up volunteers.



Sierra Chapman
Apprentice Folkbuilder
schapman@runestone.org

Park Moot



In October we held a lovely Moot in Roseville, California. We managed to find a nice little park tucked away in a neighborhood on a Greenway that fit our needs well. It was a great chance for guests to visit, Folk who didn't know each other well to get better acquainted, and of course for the children to have a good time.



Everyone brought a contribution to the BBQ, and we had quite the feast. A Rune Study had been planned and was carried out by Chris DeHuff. We all took turns discussing our interpretation of the rune Tiwaz and took some time to reflect on its meaning and impact on our lives and the Folk as a whole.

Plans were made for our next meet-up at the end of November. Meet us in Placerville at Boa Vista on Apple Hill for a day of kids' activities, mead and wine tasting, and other activities! Please contact me for more details!

Upcoming Events

APPLE HILL MEET UP PLACERVILLE CA

SATURDAY NOV 26

Meet at Boa Vista at 11am

Join us for a lovely day on the hill visiting farms, markets, wineries, the mead cave and more! What better way to walk off all that turkey?

This is a child friendly gathering and we will make sure to include special destinations for the Littles. Rumor is "Santa" may be making his rounds! Itinerary is in the works! RSVP especially with the possibility of weather cancelations

RSVP WITH KRYSTAL PODBREGER

[KPODBREGER@RUNESTONE.ORG](mailto:kpodbreger@runestone.org)

(530) 715-5294



Folkbuilder Krystal Podbreger

kpodbreger@runestone.org

Harvest Fest – Celebrating the Season with the Brownsville Community



For the past few years, Winter Nights also includes a Halloween-ish day for the community on Sunday. I advertised the festivities to our Food Pantry families when they came through on Saturday. We didn't get a large turnout, but the families that came were elated with the children's games, face-painting, and pumpkin painting. At the end of the Haunted Walk, kids and parents were offered a free hotdog lunch.



Many thanks to the volunteers who stayed to help and become monsters in the woods. We couldn't have done it without you! The Maurer family donates their time every year by creating zombies, creepy clowns, giant webs, and spiders for our haunted woodland. Even during daylight, it was a scary sight.



The next day, one of the families gave high praise on Facebook for our Harvest Fest, saying they'd be back next year. It grabbed the attention of many in town. What a wonderful gift for our gift.



Gythia Sheila McNallen
sheila@runestone.org

Colorado

The Moot House





The day started very excitingly, with anticipation for the event to come. We had originally planned on a Viking festival being held with events and festivities, but when the Folk arrived, we decided on a different adventure.

We made our way to the Moot House, where we settled in and got to know one another. We shared stories and food and had an amazing time. Our Gods were there with us as we exchanged gifts, as per our tradition and customs. A set of runes for one member, and a Hammer pendant for another. A large horn mug was also given as a sign of friendship and truth. These seemingly small things are very impactful in building bonds, as we can see within rituals with our Gods.

All-in-all, friendships were made and will continue to grow within our Folk. We are all very excited about our next one.

Nicholas Salo

Apprentice Folkbuilder

nsalo@runestone.org



Idaho

Sticks and Stones



We all deal with crap! When I say "CRAP" I'm talking about the nonsensical babel that comes from the lips of those who just don't get it, those who try to bring us down because they can't fathom our lifestyles and our belief. They judge our every movement and word. It's human nature and those ear racketeers keep power over you if you let them.

So, what do you do?

We have heard a lot about courage this month and its importance, another topic I would like to bring up is conviction. Staying true to your beliefs, no matter what, for both go hand in hand. We all need to stand and be proud of who we are and the organization we represent. We need to find that inner courage and it's ok to be scared, because as long as you stand for what you believe, and your convictions, everything else will follow.

First off, explain why you are proud to be a part of something so grand and perfect. Are you successful? Are you happy? What makes this the best home for you and your family? Secondly, reflect on this through your day-to-day actions. Be who you are meant to be and don't feel ashamed.

Don't give in to the distraction of the naysayers, and don't let their words hurt or pull you from that, that truly matters. Your goals, your Gods, YOUR LIFE!!! These people are merely a thorn that needs to be pulled out and thrown away. The best is when these individuals see how much of an impact your way of life has made for you and those around you that they convert in the end.

Don't give in!!! Don't let them destroy progress... "Sticks and Stones may break your bones, but words will never hurt you!" Whoever was weak enough to let them.... wasn't focused enough!!!

Utah Awakens Moot



The Moot was a success and several of our Utah Folk were able to come together. There was food, smiles, and friendships made that will last a lifetime. I am proud of Josh and the effort he put into making this event a success. The moot was hosted by Josh Birdzell,

Come out and join us for a BBQ in Idaho Falls on the 19th of November. We will be cooking up Tri-tip and serving some delicious sides. There will be themed games after dinner. If interested email Steven Mundy at Smundy@runestone.org.

Upcoming Events



TRI-TIP BBQ

IDAHO FALLS MOOT

FOLK BBQ PARTY
NOVEMBER 19, 2022 | 4 PM
MUNDY RESIDENCE

RSVP STEVEN MUNDY
SMUNDY@RUNESTONE.ORG



Steven Mundy
Apprentice Folkbuilder
smundy@runestone.org

Hails from Northern Idaho!



This past month I had the honor of officiating the wedding of my friends Zachary and Hannah. They traveled up to Coeur d'Alene from Utah and were married in a handfasting ceremony on Lake Coeur d'Alene, on an amazing day with perfect weather. The handfasting chord that is wrapped around the couple's joined hands during the ceremony symbolizes the combining of fates. Udr, Verdandi, and Skuld are the Goddesses of fate that live at the base of Yggdrasil, the world tree, and water it daily to keep it alive. Our fates are written in the stars at the moment of our first breath, and the Norns have woven into the fabric of time that not only Zachary and Hannah should be together, but their great families as well!

This month of November I will be traveling to Sedona Arizona to officiate the wedding of Ryan and Ashely, so I am looking forward to seeing many of our AFA members from Arizona that will be attending. Freyr's fest is also this month here in CDA, so check the Odinhof website for the details and registration information.

November 25-27-----Freyr's fest CDA

Hail the Gods! Hail the Folk! Hail the AFA!



Gothi Joe Rozanek
jrozanek@runestone.org

Montana

Oktoberfest Moot



On October 15th, we held a meet-up at the Helena Oktoberfest. This was the first time the event was being put on by a new group, and there were a few kinks on the organizer's end, but it was a fun time all the same. A classic car show, live music, Stein

holding contest, a Keg toss, as well as vendors and food were enjoyed, and, because it's Montana, they even had a small rodeo. We even made some new acquaintances, which will hopefully become close friends in the future.

During the evening of October 20th, we gathered for another Blot to Woden atop Mount Belmont. The Blot was quick, as it had become extremely windy, and the temperature dropped causing the wee ones to shiver. Later that week, we held a family dinner and Rune study at the Greaney residence, as well as discussing Ullr, and various historical topics.

Sharing Ancestral Memories



The Maurer family came up to visit the area, and we took the opportunity to visit and get the kids together for a couple of trick-or-treat events. The first was an indoor carnival, with games, bounce houses, free food, and candy for the kids. The second was a "trick-or-treat street" that ran throughout downtown. The local businesses, restaurants, and shops opened their doors to the community and provided a safe place for the kids to enjoy the night. After gathering enough sugar to energize the nation, we went for dinner at a local brew house, before parting ways.

Back at home, we lit a candle on our ancestor's altar and gazed at the many pictures that our family is fortunate to have. We told our girls of the importance of our ancestors, why we venerate them, and asked them to each call upon a specific one to join us in our home, to share in the warmth and love.



Folkbuilder Ryan Harlan
rharlan@runestone.org

Nevada

Alsherjargothic Dinners are Legendary!



We had a great dinner this month. Frozen Pumpkin Pie Martinis were a hit. I know that November is packed but I am hopeful we will have good attendance at our dinner and maybe even have some interested folks from Carson City join us. See you there!

Upcoming Events



Matthew D. Flavel
Alsherjargothi, Asatru Folk Assembly
mattflavel@runestone.org

Washington

Álfablót





This month Nordvestri Kindred gathered many times, but the largest congregation of members from across the Pacific Northwest was for the rite of Álfablót, which our ancestors traditionally held during the sacred tide known as Winter Nights. During this portion of the cycle of the year, the vé which serves as a barrier between this world and the others is at its thinnest. Therefore, it is proper to honor the elves and ancestors at this opportune time. We paid particular attention to those of our Folk that fought valiantly for our people, for we remembered all those who have fallen in the countless wars and tribulations our people have been involved in. We gathered at a holy well at sunset and hosted a blót to the elves, ancestors, and the respective gods whose domain encompasses these groups: Wotan and Ing. Afterwards we held a symbol of three rounds dedicated to the gods, heroes of our Folk, and our ancestors. With the celebrations finished, we proceeded to a restaurant in the closest town for dinner, after which we went our separate ways for the night.



Carter Shafer
Apprentice Folkbuilder
cshafer@runestone.org

Freyr's Harvest Feast

A photograph of a young goat or kid grazing in a field of tall grass. The goat is the central focus, shown in profile as it eats. The background is a soft-focus field of green and yellow grass, suggesting a natural, outdoor setting. The lighting is warm, possibly from late afternoon or early morning.

**DON'T MISS A
CHANCE TO
CELEBRATE
WITH THE FOLK**

***FRIDAY EVENTS INCLUDE:
KULNING THE BOATS IN
NJORDS BLOT IN THE WATER
BLACKSMITH DEMO
OPENING FLAG CEREMONY
NJORD'S SUPPER***

We're still gearing up for Freyrs Harvest Feast and with just a few more weeks to go it's more important than ever to get your tickets.

Tickets can be bought at <https://www.runestone.org/product/freyrs-harvest-feast-in-idaho/>

The event is a three-day gathering of our folk to celebrate the harvest season, our gods and goddesses, and the frith we share.

Each day is dedicated to a member of the Vanir. That Friday is dedicated to Njord who oversees our safe travel. Saturday is for Freyr and will have the viking games and harvest feast. Sunday wraps up our festivities as we learn about the runes and develop tighter family bonds dedicating the day to Freya.

I hope to see all of you there to participate in the various crafts and hear the speeches prepared.

It is the perfect opportunity to bring family who does not yet share in our faith out to be a part of the folkish community we cherish. With the added bonus of not doing Thanksgiving dishes there's no excuse. Looking forward to seeing you all there!



Tyler Heinlein
Apprentice Folkbuilder
theinlein@runestone.org

Baby Naming



I am proud to announce Clara Dorothy Cordell daughter of Jarret and Krystal Cordell! Thursday, Oct. 6th the Folk gathered from across the PNW to take part in ritualistically accepting this child in the form of her Naming Ceremony. Jarrett and Krystal are two of the finest Folk I've ever met and the future for their little girl is bright and full of endless possibilities.

Blessings from the Norns have been received and transferred to this new life.

HAIL CLARA DOROTHY CORDELL!

Wotan on the Peak



On October 1st, the men Folk gathered to climb Mt. SI and Hail Wotan on the Peak! Once the mountain was conquered, we regrouped at a local diner to share a meal and faith. After food, it was straight to the temple of iron to finish off the day with heavy-weight training

We offered this day full of physical exertion to Wotan! May he Awaken our still-sleeping folk! If you ever find yourself in Washington state reach out and get involved. We are always doing something so come on out!

Halloween Moot



On Oct 31st, we dressed up in our best costumes and took the children out for a fun night of "Trick or treating". Once we had visited all the neighbors and collected all the candy, we could head home to bob for apples and give an offering of half of all the candy to the Landvaetr. It was a wonderful night full of laughter and fright. The best part of the night was the children calling each other on the virtue of courage whenever any of them were nervous to approach a house.

"Courage over cowardice!" and off they went to the most decorated and spooked homes.

The foundation of virtue instilled in our children as a driving force shows great promise for the beautiful future to come.

Iron Club Gym Moot



Twice a week for the past 2 years, we have gathered for the iron club with few exceptions. We gather, lift, share Frith, and have a meal.

Physical well-being is the foundation of discipline which manifests in every other aspect of our lives. These weight training sessions are a vital form of worship in honoring the great Thunderer Asa-Thor.

We offer our gifts of physical exertion and I have seen the blessings and growth returned to those who have participated over the years.

A gift for a gift.

Our bonds of Frith are Iron, our lives are full of intention, and we continue to forge our lives by our will and might.

Hail the Thunderer!



Folkbuilder Mason Johnson
mjohnson@runestone.org



*Copyright © *2022* Asatru Folk Assembly, All rights reserved.*
[unsubscribe from this list](#) [update subscription preferences](#)

Grow your business with  **mailchimp**