

The Runestone: Voice of the Asatru Folk Assembly




Njörðshof
Fourth Hof of the Asatru Folk Assembly

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Words from the Alsherjargothi



As 2023 comes to a close and we prepare to begin the 30th year of the AFA, it is time to take stock of where we are. It is time to take stock of the successes and failures of 2023 and how we can build upon those successes and correct the failures in 2024.

I am so proud and so happy to build my life and my family with my AFA brothers and sisters. We have something truly beautiful in our AFA. Those who come out and engage know this and it is absolutely life changing. Too many of our folk, some who are reading this, have not yet experienced the fullness of our church. We are real, we exist in the real world. I want to take this time to encourage all our Folk to come out and participate! Go to our Hofs. Go to the moots. Do Asatru in real life. This and every issue of the Runestone is packed with images of our amazing family getting together and building the life we want, together. If you are in these pictures, FANTASTIC! If you aren't, your folk want you to share this with us and we want to share it with you and your family.

We have amazing things ahead and I am very excited to share all 2024's blessings with our beautiful AFA family!

Happy Yule!



Matthew D. Flavel
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Words from our Gothar

Asatru: More Than a Club



“Asatru is so much more than just rollin’ with the homies!”
 - Alsherjargothi Flavel, Midsummer 2023

Much of this piece was originally drafted a day or two after Midsummer at Óðinshof, which was in the middle of a small exodus of people who did not take Asatru or our Gods seriously. A few people left, and these few people were each followed by a few others whose loyalties were with their friends rather than the Æsir.

Some of our people who identify as Asatru seem to do so simply as a way to be different, as a path to a culture that is counter to the mainstreams of Christianity and atheism. As someone with very strong feelings on both Christianity and atheism, I can understand that aspect. However, these same people tend to treat our faith and our church as if they are nothing more than a club. It is nothing to them but another way to spend time with their buddies. This is the wrong way to look at Asatru, or any faith, for that matter.

The word Asatru means “loyal to the Æsir”, which translates to belief in our native Gods, as well as staying true to them. This is why the AFA has Hofs dedicated to the Æsir, rituals honoring and exchanging gifts with the Æsir, and ordained clergy to manage all of these things.

What we do here is not only real and serious, but will echo throughout the currents of time itself. Our ancestors are watching us from beyond the veil, raising cups or horns alongside us every time we hail our Gods and Folk. Our descendants are already being

born into a world with multiple Hofs. Our present Folk are returning to the Æsir in record numbers, never seen before and predicted only in the minds of optimistically pious.

Our Gods are with us- and by “us”, I will forever be speaking of the Asatru Folk Assembly.

This is not a club. This is not a hobby. This is real, because our Gods are real. This is who we are.



Gothi Trent East
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Call of the Wild: Kulning and Ladies' Chants in Modern Asatru



Asatru is not just a living religion, but it allows for change in the 21st century. We're establishing customs and new traditions in the AFA that were previously unknown, as far as we know. Our fundamental beliefs include cycles of rebirth, as in Sunna at the Solstice and bright Baldr's return. We also see ourselves as our Ancestors reborn.

A practice that was initiated at Midsummer 2010 is the ladies preparing the horn before blot. AFA elder David Byron James (who has long-since passed-on) presided over the blot where he had the women step aside into a circle "to speak words over the horn."

That basic ritual now ends in three special - magical - words that have been repeated hundreds of times at this point. Hundreds of babies have been born into the AFA since then. Let those words speak for themselves. The women know. The women have always known.

Some of our changes have taken place quite recently; in fact, since our own Witan, Brandy Callahan, stepped forth to lead. Anyone who has worked with her sees a rare fearlessness that she encourages in others. She has us ladies develop our own voices and presence in a dynamic, yet feminine manner. This is contrary to the more passive voice that we as women often exhibit.

My husband describes the nature of those voices coming together in the darkness on a moonless night as "eerie and inviting". From beyond the Winter Night's bonfire, comes the shrill call of "Wunjo! Wu-un jo!" Goose bumps are felt by all. Out from the darkness; out from the past; deep in the primal psyche of our Folk, the men know this call.

We call this "kulning"-- the women calling the beasts of the field and farm home. Home the men come to us, to the fire and abode of the Gods. Could Witan Callahan do more for us? In fact, she has. She's gathered the women to ritualize our chants in blot, to call the folk home. We look for ways to communicate these words, with the added magical essence is that we say the words in Swedish: "Folk kom hem!"

One time should be enough, however, we ritualize this by chanting in a sequence of gradually rising voices. As each verse reverberates, the decibels rise until we are shouting those words out through the cosmos, calling the folk home.

Meanwhile the men have stepped back, letting us wild women do our thing. In an outer circle, the men methodically intone the rune Raido to those "folk without" to begin the journey back to us and our noble, native ways. The intensity of our words together is meant to bring change. Does it work?

In November of this year, Oðinshof gained eleven new members, far more than previous months. It's not likely that we'll continue at this rate, but... why not? We ask for the blessings and guidance of the Aesir and our Ancestors. Are we heard? I think so.

Know that you too can help "bring the folk home." Intoning runic galdr of Raido, Wunjo, Mannaz, or calling "Fok kom hem" may bring someone home to Asatru. The old AFA slogan still has it right. "The Way of the Ancestors Calling us Home."



Gythia Sheila McNallen
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We Remember You



Kamden Musser
 † 09/25/1996 – 11/10/2023 †

It is with a heavy heart that we announce the passing of Kamden Musser of Ohio. Called Kam by those who knew him, he was born in Indiana, Pennsylvania. Don't

worry though, Ohio was still his most superior home!

Those who didn't know Kam well were still instantly aware of his friendly personality by his big, easy smile. He loved a good joke, a good beer, and the companionship of his friends. Kam's love of history was rivaled by his love of animals. If he wasn't reading a good political history, you might be able to find him volunteering at his local animal shelter.

One thing that you could always be sure of with Kam was his love for his folk. He was loyal to those he cared for to a fault- to the AFA, to his kindred, Under Ash and Oak in Ohio, and most importantly, to his wife, Mary Jane.

All those who knew and cared for Kam knew that he was selfless, funny, and passionate. He will be missed by many.

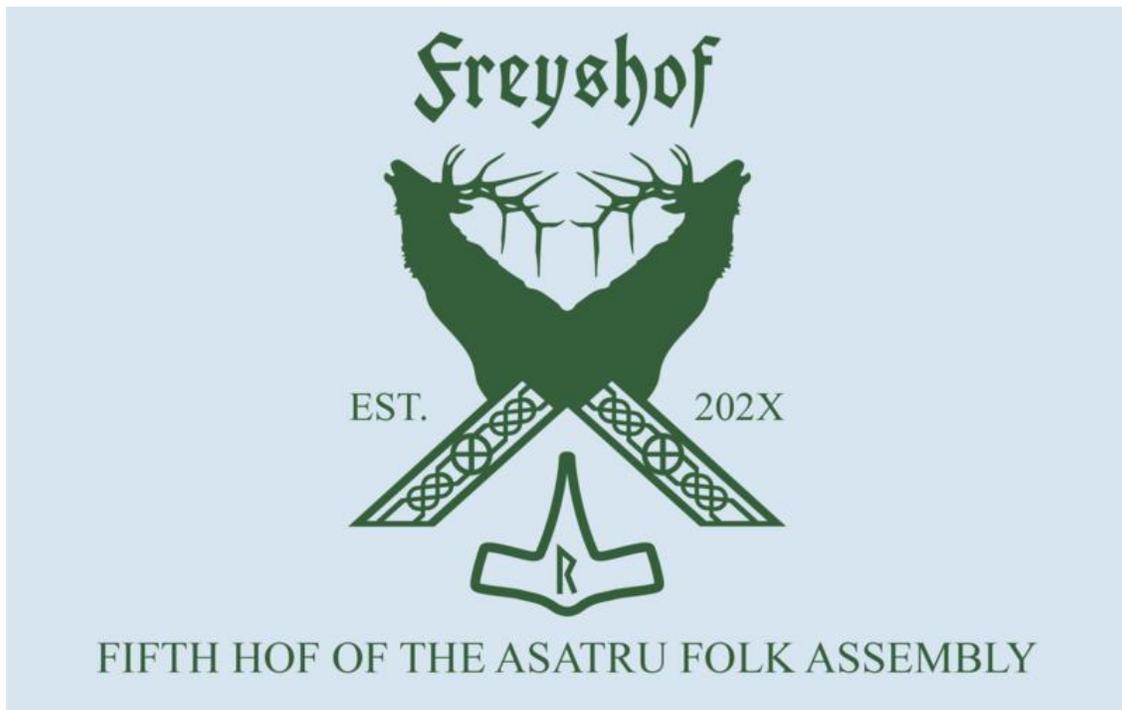
He will be remembered by many.

Hail Kamden Musser!

The Quest for Freyshof

“Njördr in Nóatún begot afterward two children: the son was called Freyr, and the daughter Freyja; they were fair of face and mighty. Freyr is the most renowned of the Æsir; he rules over the rain and the shining of the sun, and therewithal the fruit of the earth; and it is good to call on him for fruitful seasons and peace. He governs also the prosperity of men.”

– Gylfaginning



[Freyshof Fund – Asatru Folk Assembly \(runestone.org\)](https://runestone.org)

This sacred quest has had a great start so far! The generosity has been amazing, as always!

This is the list of things that need to happen before we can make Freyshof a reality:

1. We need to pay off Njörðshof.
 - The first of 2 loans have been paid off!
 - We now owe \$99,756.87 on our remaining loan.
2. We need to raise our monthly donation average by 7.6%.
 - This is membership dues/Hoftollar plus other donations.
3. We need to locate a suitable property.
4. We need to find lenders and build a war chest.

This is not a "quick" process so stay patient and resolute. As we progress, I will keep you all updated on our progress!

Hail Freyr!

Matthew D. Flavel



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Sigrheim: Home of Victory

A Folksgiving Dedicated to Victory



This past month, the local Sigrheim Folk gathered for a Central Tennessee Folksgiving at a local Celtic pub. Being able to take the time to gather in Frith, bonded by our Loyalty to the Gods, and share in community over a good meal...this really is one of the small joys that our Church is all about. Please, if you're ever in the area, make sure to reach out. I'd love to have you over for dinner!

Support the Home of Victory



Help Sigrheim get stocked
and ready for our Folk!

Donate Supplies
from our
wishlist ✨
amazon

Thank You!

[CLICK HERE](#)

A Folksiving Dedicated to Victory





Charming of the Plow at Sigrheim

Saturday, February 17th



RSVP w/
Folkbuilder
Nick Rice
via nrice@runestone.net

Victory Never Sleeps

The Asatru Folk Assembly Presents

Victory Never Sleeps!

Wednesdays at 6PM Pacific / 8PM Central

Victory Never Sleeps, a weekly podcast produced by the Asatru Folk Assembly, hosted by Alsherjargothi Matthew Flavel alongside weekly guests. The show doesn't stop until the questions stop rolling in. Come listen and learn about a variety of topics and truths

relevant to our modern Asatru Folk.

Aesir. Virtues. Heroes. Doctrine. Beliefs. Cosmology. Runes. Holidays. Literature. Lore.

Help [support](#) the stream and keep the cameras rolling!

Catch us LIVE with new episodes on Wednesdays at 8pm Central / 6pm Pacific on YouTube, Twitter, Entropy, Odyssee, VK, Rumble, and Twitch. Audio versions drop on Spotify the Friday after the new episodes air.

Check out the full playlist with 100's of hours of previous recordings on our [YouTube](#).



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AFA Asatru Academy



For More Info: [Welcome | Asatru Academy](#)

Ásatrú Academy and the Children's Blot



Greetings parents and students! If you didn't know, our meetings every Friday are a great way to get connected and meet other parents and students. We have had some wonderful guest storytellers and have more scheduled that you are sure to enjoy! We hope to see you there!

This past weekend at Thorshof, I had the honor of leading the children in a children's blot. The kids learned about the einherjar, and then we participated in a special kids-only blot. The children really did great! And had a lot of fun and learned about our faith. I encourage kindred's and Hofs alike to make time for special children's blots. Gythia Sheila McNallen who is on our staff, does some wonderful children's ritual at Odinhof, I encourage you to attend if you are in the area.

We thank all our parents and kids for their hard work this semester. With the coming of Yuletide, we just posted some brand-new Yule specific activities and stories for you. I hope you enjoy! This is such a special time of year; we look forward to seeing all our smiling kids and their projects! We'd love any and all pictures of your kids doing Academy work, or of their projects so that we can showcase them here in the runestone.



Gothi Rob Stamm

Dean of AFA Academy

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Remembrance & Holy Days



[Calendar – Asatru Folk Assembly \(runestone.org\)](https://runestone.org)

2023

Date	Observance
January 9	Day of Remembrance for Raud the Strong
January 21	Þorrablót
February 9	Day of Remembrance for Eyvind Kinnrifi
February 18	Charming of the Plow

Date	Observance
March 9	Day of Remembrance for Olvir of Egg
March 21 (observed on 18th)	Ostara
April 9	Day of Remembrance for Jarl Haakon
April 10	Day of Remembrance for John Yeowell "Stubba"
April 28 (observed on 15th)	Hexennacht
May 9	Day of Remembrance for Else Christensen
May 1 (observed on 20th)	May Day
June 9	Day of Remembrance for King Athanaric of the Goths
June 21 (observed on 17th)	Midsummer
July 4	Day of Remembrance for Sveinbjorn Beinteinsson
July 9	Day of Remembrance for Alexander Rud Mills
July 15	Sigrblót
August 9	Day of Remembrance for King Radbod of Frisia
August 19	Freyfaxi
September 9	Day of Remembrance for Prince Hermann of the Cherusci
September 22 (observed on 16th)	Winter Finding
October 1	Day of Remembrance for John Gibbs-Bailey "Hoskuld"
October 9	Day of Remembrance for Meister Guido von List
October 15	Birthday of Founder Stephen McNallen
October 21	Winter Nights
November 9	Day of Remembrance for Queen Sigríð of Sweden
November 11 (observed on 18th)	Feast of the Einherjar
December 9	Day of Remembrance for Egill Skallagrímsson
December 20	Mother's Night
December 20-31 (observed on 16th)	Yuletide

Day of Remembrance

Egill Skallagrímsson | December 9th



"Here I am at the hearth
 Of my host, Yngvar
 The Generous, who grants
 Gold to heroic men;
 Free-handed fosterer,
 You'll find no three-year
 Babe among bards
 More brilliant than me."

So "penned" the three-year-old Egill Skallagrímsson after stealing a horse from this father to attend his grandfather's feast. That small poem was just a precursor for the man who would become known as one of the best poets of the Viking age. Planting an ax in the skull of the boy who cheated him at a game at seven years old would similarly set the tone for a man who would become known as a fierce warrior prone to berserker

rages.

From Egill's Saga, one of the great Icelandic family saga's written in the 13th Century by Snorri Sturluson, we learn about a man who was both an unforgiving warrior and a masterful poet. He spent a good half of his life as a very successful Viking chieftain whose violent tendencies took him through most of Northern Europe. From Norway to Latvia, from Sweden, to Saxony, his exploits were prolific.

Egill was known to always strike out in revenge against those who wronged the ones he loved, even going so far as to rip out the throat of a man with his teeth in an honor duel. For all the man was known for his ferocity, Egill Skallagrímsson was also known for his love of his family. This is seen most clearly in his poetry. Many of his poems were composed as a result of the death of someone he loved. He wrote a poem for his brother, Thorold, and recited it at his poems. He also wrote a poem named "Sonnatorrek" after the untimely death of both of his sons.

His skills don't end there, however. Egill was considered a skilled rune master, even going so far as to heal the daughter of a man with whom he was staying by carving runes into a stick and placing it under her pillow. Truly he seemed to be gifted by the Allfather.

Egill retired to a farm in his middle years and lived to be nearly 90 years old before dying of a sudden and quick acting illness.

What can we learn from this story?

Egill represents the true duality of human nature.

Egill's Saga is one of war and one of love. We watch the pagan chief battle his way across all of Northern Europe, and we watch him immortalize his love of his friends and families through masterful poems. His loyalty to those who were important to him was tantamount to the man he became.

Gythia Catie Erickson
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Holiday

Yuletide | December 20th-31st



Yuletide is the 12-day period in December in which we hold our biggest celebrations. During the Yuletide, we celebrate our families and our tribes and the bonds that hold us strong. We celebrate our Ancestors. We celebrate our Gods and the Wild Hunt. We celebrate the bright fires of the hearth that keeps us warm, and we celebrate the rebirth of the sun. We have made it halfway through the harshest time of the year. The sun

begins to stay in the sky a little longer each day, moving us closer and closer to the fruitful and warm summer.

We celebrate by gathering together to feast and sing songs. We put up our Yule trees and our wreaths. We bake cookies and give presents. We build strong bonds and traditions that our children remember and pass on. It is a joyous time of the year.

We begin the Yuletide on the 20th of December, called Mother's Night. During Mother's Night, we celebrate our ancient mothers, the Disir, who kept the hearth flames burning bright. One way to celebrate this is to extinguish all of the lights in the house. Light a candle to represent the hearth flame and, if you have children, give them pots and pans. Starting at the central part of your home, or the hearth (usually the kitchen and the stove, but can be a literal hearth if you have a fireplace), let the children "chase the ill-wights," or the bad energy, from each room by running through the house and banging the pots and pans. As you go through each room, light a waiting candle. You are bringing the light of the hearth, of the Goddess Frigga, of the Disir, into each room to bless it. You can say something simple with each candle you light, like "The Goddess Frigga bring love and light into this room" or "The Disir bless this home and all who live within it."

Yuletide ends on December 31st, a time when people can make oaths for themselves for the coming year.

An AFA tradition started by our esteemed founder Steven McNallen, focuses on celebrating 12 Asatru virtues: Industriousness, Justice, Courage, Generosity, Hospitality, Moderation, Community, Individuality, Truth, Steadfastness, Loyalty, and Wisdom. Each night, we light a candle in honor of each of these virtues. Steven McNallen has videos for each of these days on our YouTube channel, and we recommend that everyone take some time to watch them.



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Feast of the Einherjar 2023: A Look Back



This year's Feast of the Einherjar was held in South Dakota bringing together new members of the AFA with long-time members to the event from previous years. There were well over a dozen children playing and having fun with each other, and all of this couldn't have been done without my fiancé, Folkbuilder Ashley McStocker, with the commitment and work she put in. In an exquisite location, the weather couldn't have been better for the time of year in a northern climate, sandwiched by the weeks leading up to the event of freezing temps and the week following by freezing temperatures. The location put us on the cliffs above the Missouri River with an Einherjar Blot at the edge of the water. This event was a collaboration of Baldrshof District leadership with everyone involved from planning to execution ensuring a successful event for our Folk to experience. Honored guests again included Founders Elder Stephen and Gythia Sheila McNallen, Alsherjargothi Matthew Flavel, and Witan Gythia Brandy Callahan.

The event started with Gothar student Folkbuilder Stian Penner welcoming the Gods, a first time Freyja/Odin Blot synchronized together by AFA Founders Elder Stephen and Gythia Sheila McNallen, Einherjar Blot by firelight at dusk culminating with a ship lighting and sending off, and Wayfarers blot by Gothar student Folkbuilder Allison Clausen. The Alsherjargothi led a powerful and at times emotional Sumbel that connected the attending Folk. Elder McNallen and Gythia Sheila McNallen conducted a Baby Naming for a couple of long-time members. There were talks, activities, and a Witan-inspired (directed) dance allowing the Folk an opportunity to cut loose. The Folk in attendance had the opportunity to witness apprentice Folkbuilder Bruce Perron being offered and taking his Oath as a Folkbuilder for the AFA. Hail Folkbuilder Bruce Perron!



If one is not completely familiar with just what the Feast of the Einherjar entails, it is the time to gather together with our Folk in ritual and celebration to honor those who have passed, specifically those who have gone, by way of combat, living lives of honor, and examples of courage in fighting one way or another for our Gods, Folk, Family, and Community. Einherjar means “those who fight alone” and have specifically been chosen to join Odin in Valhall, to continue their fight beyond this life. In fighting alone, meaning, one that fights in a manner that elevates them above the typical and mundane masses around them in their focus and selfless, right, and controlled actions. One does not get to choose themselves to join this elite group that will fight alongside Odin at Ragnarok. Live courageously and in service of our Gods and Folk, build bright fame, and be a beacon for the Folk to without to find their ways home.



“Many brave warriors sit in Valhall, and many more are yet to come. And yet, it will still be too few when the wolf comes”



Gothi Nathan Erlandson
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Help a Member Rebuild After a Fire



On the evening of December 1st, there was a catastrophic fire in the apartment building in which one of our New York members, Sara, lived. News sources have stated that the fire is a total loss, and Sara concurs. She was allowed entrance after the fire was extinguished; however, she was unable to salvage anything, and was given a mere few minutes to even look around, due to the unsafe structure of the building. She has lost everything! She even lost her beloved pet hedgehog. Per our conversation, Sara is in need of Clothing, Essentials, Household goods...etc. She is currently away from the vicinity staying with friends. She may have found a possible apartment for rent that would be available on December 15th.

Please [help](#) in any way you can to help one of our members as she goes through the arduous process of rebuilding everything that she knew and had.

Be a Doer



We need you to volunteer for the AFA!

Yes, you. We have work to do and need folk who are artists, editors, writers, accountants, lawyers, publicists, reputation managers, professionals of all manner, technical support, web developers, system admins, tradesmen, craftswomen, and more. See the list of amazing projects we have below. We will find a way for you to help our Folk.

Please email volunteer@runestone.org to help us make a difference in our world.

Baby Blanket Project

The Women of the AFA are proud to be continuing this fine and noble work we call the Baby Blanket Project! We're committed to ensuring all new babies born within the AFA are gifted a handmade — knit, crocheted, or woven — baby blanket! It's just our little way of celebrating each new addition to our folk!

This project has been going strong for nearly a year now, and has been a rousing success! The Ladies of the AFA have knitted, crocheted, and sewn beautiful baby blankets for over 20 of our littlest folk, with more on the way. They've been delivered everywhere from Alaska to Florida, California to Sweden!



If you are a member of the AFA who is expecting a baby, please let your Folkbuilder know so we can get a blanket to you. If you would like to contribute, either financially

or by volunteering as a baby blanket crafter, let your Folkbuilder know about that as well, so he can get you in touch with the right people. It's so rewarding to see your handicraft being loved by our little heathens!

Would you like a blanket for your newborn, or to donate and help with yarn costs (yarn is expensive!)? Please email babyblanket@runestone.org today!

Folk Services



For some, it may be a natural disaster. For others an unexpected change in health, and for some just an unforeseen chain of events. Whatever the case may be sometimes we find ourselves in a sticky situation, and although we try and to work and do our best to pull ourselves out, sometimes we may need the help of our Folk community to give us a hand...

That's when our folks Services Program comes in. We give one-time monetary grants to those members in need. These folks are so grateful and we know that once they get back on track they will contribute to this fund. For those that are able, we are in need of funds so we can be prepared for when these situations arise in our community. If you're able please place a donation today. Even a small donation adds up in the grand scheme of things and even \$5 or \$10 can help if enough people pitch in. If even a fraction of the folks who like the page did that each month, imagine the possibilities!

AFA Folk Services is intended to provide modest, one-time monetary grants to AFA members in dire need of basic services. It is also to be a source for referrals and information to help members get help beyond what the AFA can directly provide. For more information, please email folkservices@runestone.org.

Your contributions are earnestly solicited and of course, are tax-deductible! Please donate to Folk Services or one of our other AFA Fundraisers at <http://www.runestone.org/donate/>.

Thanks in advance!

Photo Donations

We have a real need for hi-res photographs of our members' gathering, being active in their kindreds, and showing what it means to live Asatru!



If you are willing to donate some hi-res photos for use in promotions such as the AFA Calendar, the AFA website, our publications, and more please email them to the AFA at photos@runestone.org. The larger the resolution the better, so please email them from the device where the photo was taken.

Eir's Blessings



Everybody needs a little extra help sometimes. Women, being the frithy creatures that we are, are uniquely suited to the task of manipulating energy for the purpose of healing. Magic, you could say.

Do you have a health concern and need a little extra energy? Are you battling with a mental illness like depression or PTSD? Is your baby having a hard time with teething? If you've answered yes at all, reach out to us. Once a month women of the AFA will get together to perform healing rituals all across the globe. If you would like to be included, please send a message to let us know!

At the same time, Women of the AFA! If you are interested in helping to create a frithful, healing magic, let us know! It's easy, but it makes a huge difference to those in our community who need our help!

You can reach us at EirsBlessings@runestone.org

Last Will and Testament

Recently, several members of our AFA family have passed beyond the veil. One was an old man in ill health, two were young men in the prime of life... all died with no legal will on record. Sadly, in two of these cases, our dead AFA members did not have their wishes respected regarding their funerals nor the final resting places of their remains.



We never know when tragedy will strike. We have a responsibility to our loved ones, we have a responsibility to our own legacies, to plan for our passing, and to make our wishes known. Planning for and contemplating our death is uncomfortable. Hopefully, we all have plenty of time for that down the road, but we can't count on that. Maybe we worry about expenses or hiring a lawyer. We all have excuses to put things off until later, unfortunately, sometimes the clock runs out before "later" happens.

We have found an amazing resource for our U.S. members to make legally binding wills in minutes online for **free**. This site also has resources to make Advanced Medical Directives and Powers of Attorney. It takes only **minutes** at <https://www.doyourownwill.com/>.

Please make your will **today**.

The AFA would like to collect signed original copies of wills for all our members and store them. We want to ensure that when members of our AFA family die, their wishes are honored. Please send these to:

Allen Turnage
PO Box 16027
Tallahassee FL, 32317



Witan Allen Turnage
aturnage@runestone.org

Introducing the Newest AFA Kindreds

Deep Well Kindred



It is my honor to announce Deep Well Kindred of Florida as the newest official Kindred of the Asatru Folk Assembly.

Deep Well Kindred is one of several AFA Kindreds that help support Florida and Njörðshof. Without these Kindreds and dedicated members, it would not be possible to maintain and operate our Hofs and districts.

I want to say thank you to all the members of the AFA that help out and contribute to this amazing church.

Face to face is how you build solid bonds with other folk, not behind a keyboard at home. These bonds grow into communities of families and relationships are built and Kindreds are born of these local congregations.

Gaining Kindred recognition is not an easy thing. It takes dedication and loyalty, and willingness to stand with the AFA at all costs. All new Kindreds go through a six-month probationary period before joining our family as an official Kindred.

If you are interested in forming an AFA Kindred in your area or would like more information.

Please contact the Kindred program email at kindred@runestone.org.

Hail Deep Well!

Hail the Kindreds of the AFA!!

Hail the Asatru Folk Assembly!!!



Folkbuilder Jason Gallagher
jgallagher@runestone.org

AFA Prison Ministry



The importance of this AFA Prison Ministry is so much more than just for those who are actually incarcerated, it benefits not only them as followers of Asatru but their families and loved ones on the outside as they will see the noticeable change in their demeanor and demand that our faith commands for them to lead a noble life. We all are future ancestors and will help them be examples of our faith and not be a burden or a product of recidivism.

We are compiling letters from prisoners that are Educational, Empowering, and Encouraging along with special spiritual writings from our Gothar to create a quarterly newsletter to be distributed to inmates, institutions, and jails. Our mission is not about providing free books or literature to bored prisoners who simply want free stuff. We intend on making real-world change for the better of our folk.

""No packed rooms in the prisons; in each institution I have only a few people; occasionally about a dozen, but 5-6 is more common. I certainly do not want the Fellowship to be a club for cons, or ex-cons; the advantage is that when in prison the inmates have time to discuss and digest what they read, a point that often is lost to people on the outside in the hubbub of daily concerns" - Else Christensen

By the example of our Folkmother, Else Christensen, we will also be going into prisons as we are able to. Some of our Gothar and other leadership, will be going into the prisons to hold study groups, lead blot, and encourage continued growth in the folk inside.

If you have a loved one who is incarcerated or know of someone who is Folkish and will benefit from this ministry, please contact us at prisonministry@runestone.org.



Or if you'd like to donate to this ministry, there's a donation earmark set up on our site [here](#). The donations will be used to get small ritual items and books into the prisons and the hands of our Folk inside.

James Ault
Prison Ministry Director
jault@runestone.org



Artisans of the AFA Support Our Folk



Wyrd Woman custom laser engraving, cutting or etching. Wood keychains, magnets, altar cards and more.



Contact Cody or Ali Clausen for details and inquiries or email wyrdwomanllc@gmail.com



Folkbuilder Alison Clausen
aclausen@runestone.org

Cooking for our Folk



Cooking from the Heart. One of the first chefs I worked for told me that there are two main rules to cooking.

1. ALWAYS cook from the heart!
2. You must know the why of the rule before you can think about breaking it.

To this day, I still believe that number one is the most important; but two is the most valuable lesson. So, for example: why would you add flour to the mix when you are making Fried Potato balls? It doesn't add anything to the dish overall and in fact, it takes away flavor and disrupts texture. The reason is that what flour takes away: is moisture. It adds to the binder and liquid consumption.

So, what does this mean for the folk? Plan and simple, don't take shortcuts. Whenever I pick up the knife and began cooking for the folk, I think of it as channeling the ancestors. Cooking reminds me of that age-old musing "I don't measure seasoning; I wait for the tap on the shoulder from the ancestors to tell me that's enough."

When you cook from the heart, people can tell. Don't cook out of spite or obligation. Cook for the folk because you want to! Find new recipes. Test them. Make them better. And when your heart tells you it is right...time to serve. If you have never made

cookies from scratch...make them. Why not? Use the best ingredients you can afford (don't take out a second mortgage for this) but be proud to feed the folk.

When the recipe is right and you feed the folk, please send the recipe to cookbook@runestone.org with details of when and where it was served (Hof/moot).



Folkbuilder Mike Joyner
mjoyner@runestone.org

“Where do we come from?”

When posed by a child, the decision is really yours how far exactly to delve in answering this question. For my maternal grandfather, well, he took the simple route.

“From your mom and dad, of course!”

He didn't expect that as an eighth grader, I wanted more than just an overly simplistic answer – that I was actually interested in substance. I'd been assigned a project at school that required me to create a poster highlighting the culture of whichever ethnicity I chose from the myriad possessed by my forefathers. It was a convenient tool and justification for “pestering” my parents and the precious few remaining elders in my family for answers I'd wanted for a long time. Who are we as a people? Who are we as a family? My inquiries had been brushed off in the past – probably due to my age – but since my parents were adamant about striving for straight A's and being as successful as possible in school, chances were high I would finally get what I had long since been yearning for: a straight answer. Who am I? Where did I come from? Where do I belong? Who am I descended from? Who are we as a family, and as a people?

I was met with a wide range of reactions from each side of my family. My maternal grandfather viewed it as a humorous endeavor, though he did indulge my curiosity by accompanying my mother and me to a nearby cemetery and walking me to where his grandparents were interred.

My maternal grandmother supplied me with information which turned out to be incorrect entirely – things ranging from her mother’s cause of death to which ethnicities she was.

My paternal grandfather had passed, but his wife (my grandmother), was all too happy to use this assignment as a bonding experience between the two of us. We exchanged phone calls frequently, and during those, she would try to be as helpful as possible about both her and my grandfather’s backgrounds. She phoned cousins of mine a few states away whom I’d never met, and they were happy to oblige in sending the little research they had done on our family. It still is some of the best mail I’ve ever received. “The Rigginses didn’t have two nickels to rub together when they came over,” I remember her saying. “And my side, well, we’re just Polish.” Polish would eventually change to Yugoslavian, which in turn changed to Czech. There was no one alive who could quite nail down where her folk were from, though she did know that her maiden name of Baricak was pronounced differently in the old country. It wasn’t until later on that I found out that the Baricaks are from a village in northern Slovakia called Vysoká nad Kysucou, which today is still relatively small, with a population of less than 3,000. After my grandmother had passed some years later and I leaned on her younger sister – my great aunt – for answers, her attitude turned sour, and she’d shut me down and change the topic of conversation completely. I later found out why, but that’s a story for another article...maybe.

I was grateful to my teacher, though, for assigning us such a task. Ultimately, I ended up choosing Scotland for my project as an homage to my paternal grandfather, who was primarily of Scots-Irish descent. It was just one assignment, and one that most of my classmates probably slapped together the night before it was due, but for me, it was the first step in a profound journey – one that I’m still on today and that I would love to share with others if they’d like to take the first step.

At 33 years old, I can say that I’ve been researching my family and heritage for over half of my life, and it brings me great joy both to make personal discoveries and help others make theirs. Many equate genealogy with Ancestry.com and paywalls; this is not necessarily the case. I’ve made tremendous discoveries for myself and others using other websites and other resources that cost nothing. I’ve been in County Clerk’s offices at courthouses, in cemeteries battling weeds, briars, and yellow jackets, in State Archives so quiet and rigid that you could hear a pin drop, and in cozy historical societies run by some of the sweetest and most passionate volunteers and elders I’ve ever encountered – I say all this not as some sort of a strange boast, but as a reassurance that in today’s technological age, you don’t need to be tech-savvy (though it may come

in handy from time to time) and you don't have to sign up for anything with a recurring monthly charge that competes with your bills to find out incredible things about your family. Despite popular marketing claims, no single website has everything you need in one click (or a thousand).

If your eyes glaze over at the thousands of search results that come up when you're looking up terms like "ancestry," "family history," or the like, if you find yourself yawning while looking at family histories posted by others online because you can only read "born, married, died on (this date) and at (this location)" so many times, and if you want to put meat on the bones of your ancestors and resurrect their stories, learn from their shortcomings and rejoice in their triumphs, then I invite you to read what I envision to be a monthly column in The Runestone on how to get your start in finding your roots – hopefully in a way that's not overwhelming for absolute beginners and still interesting for researchers who have much more experience than I do.

Next month's objective to kick off the new year will be to cover the topic of the federal census records – perhaps the most beginner-friendly and widely accessible record for genealogists – and what information you can glean from them as well as the information that you can't.

- Samantha Riggins, Member, North Carolina



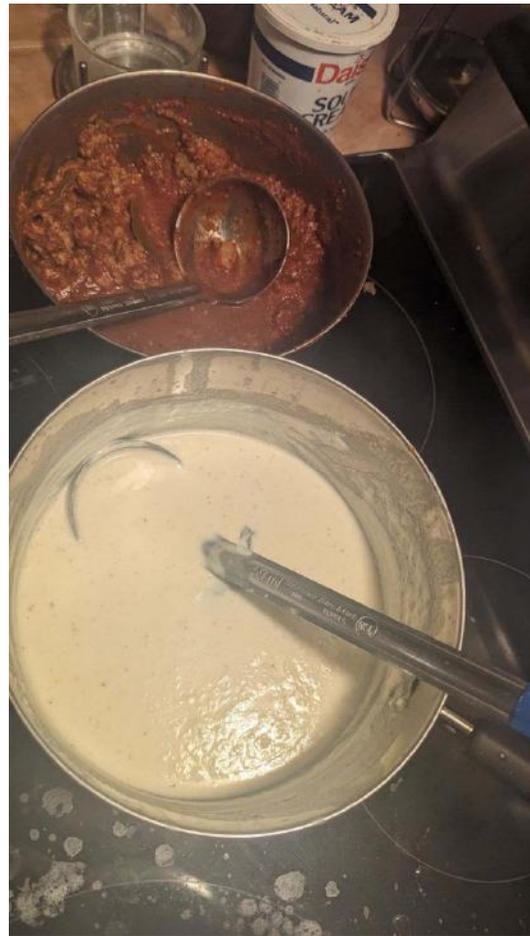
New Year, Old Roots: A Folk's Collective Genealogical Journey

Ancestral Food and Culture

A Pasta Making Adventure



What happens when you mix flour, eggs, water and the folk? Pasta! On December 7th, the folk gathered at the Joyner's house to help preserve the box of 90 eggs that Gythia Catie Erickson gifted the hof. As it is on most occasions, the kitchen was the center of attention. Everyone took turns kneading the pasta dough (and getting an amazing arm workout!) around the center island. Even the littles took part in playing in the flour. We feasted on fantastic fresh pasta and Mike's homemade alfredo and Bolognese sauces. Flour was as plentiful as the laughter and smiles.



Egg Pasta:

347 grams flour

185 grams of wet ingredients – 2 whole eggs, 3 yolks, and add water until proper weight

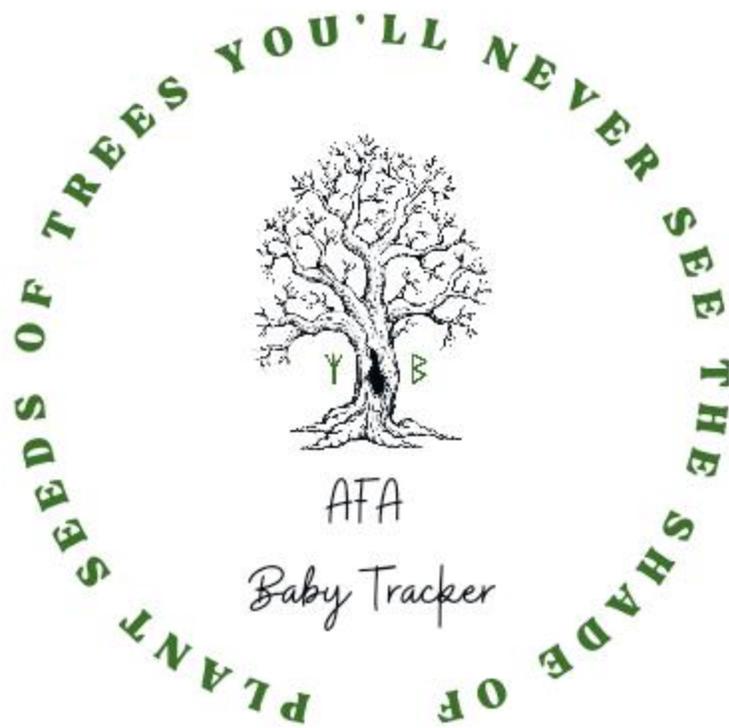


Create well with the flour on the counter, place wet ingredients in the well. Whisk with fork while incorporating small amounts of flour until the consistency is no longer runny. Using your hands, start mixing in the rest of the flour. Knead until smooth. Pat with flour and wrap in plastic wrap for 30 minutes to rest. Take out in sections. Roll out to desired thickness and shape as you please. Boil in salty water until done (only a few minutes as fresh pasta cooks much quicker!). Enjoy with your favorite sauce.



Folkbuilder Katie Joyner
kjoyner@runestone.org

Baby Tracker



To show the growth of our folk we present to you an ongoing baby tracker. We will be keeping track of how many children have been and are born within the AFA from 2022 and forward. The ongoing tracking is proof that we are building something sustainable for the future of our folk, which is a place for these children to grow up within and a place where they can feel proud of who they are!

Total babies born in 2023: 33

Just for Fun



Thank you all who participated last month! Awesome job, Tracy Adler, for being the first member to solve it! Baldrshof, where are your puzzle people?

Here's a new puzzle of Yule words:

Yule Word Search

H L
 C W
 Q H A H
 V B C B
 Z G S Q E Q
 B W Y T C G
 U T Y B M S I U
 D E M H P I F O
 J L O R Z Y N T Q A
 U D C W L R D S O W
 Y S W U L H T U R T G X
 I L C H V L N S B H Z W
 W D L D I I O S T V O C X P
 P G V Z N B Y T R A S H K B
 R V Q Y W D O A E I E P S U N J
 N K E K M I W L A O W I L N W R
 Z Y A S M O V K T D U C T D R E T N
 N T E Q W D I R Y F S B A F P C F O
 H T I G E E R D R S A N B L X F I N T J
 R I N A N C A U V J S E H I K I T H Q B
 D V O U R Z K N A M W T S B T J I S C P U E
 E P J M U N C I L O I N S U Y U Q U S G M W
 S F F T M O Y A C I D L E X U P Z X J Q I H I A
 U Z V K O C K U H T E D S S Y T I S O R E N E G
 U G Y S N C B X I T Y R H S O E I G J I T E I E P J
 B U B E C H S K T N B A U S O L S T I C E Y H L H V
 T N T D
 I T K B
 O L F Y
 N Q N S

YULE	MODRANICHT	SOLSTICE
INDUSTRIOUSNESS	JUSTICE	COURAGE
GENEROSITY	HOSPITALITY	MODERATION
COMMUNITY	INDIVIDUALITY	TRUTH
STEADFASTNESS	WISDOM	LOYALTY
WILDHUNT	KITH	KIN
GIFTS		

The first member to solve it and send proof to Press@Runestone.org will get a shout-out in next month's Runestone! Happy Word Hunting!

And here's a coloring page for the youngsters to get involved in the season as well!



We'd love to see their finished creations, so feel free to send those to Press@Runestone.org. (And yes, parents, we know you like coloring too. That's okay!)



Olivia Sutherland
Apprentice Folkbuilder
osutherland@runestone.org

Online Events and Meetings



Virtue recovery
meeting

Thursdays at 7pm CST;
5 pm PST; 6 pm MST;
8 pm EST

With Ashley Mcstocker
amcstocker@runestone.org

Saturdays at 9 am CST;
7 am PST; 8 am MST;
10 am EST



With Jaclynn Duffy
jduffy@runestone.org

VIA ZOOM
MEETING ID: 885 2917 0746
PASSWORD: Virtue

PASSWORD: VIRTUE



Sisters Sunday Chats

Every Sunday, 10am central

For more info contact
Folkbuilder Ali Clausen
aclausen@runestone.org
or
Folkbuilder Katie Joyner
kjoyner@runestone.org



Ladies Book Study

Thursday Nights at 7 pm CST

No book study in Decemember but...

We return with a new book on
January 4th!!!!

Link for Teams meeting will be posted in
the AFA Ladies group on MeWe

For more information contact:

Witan Brandy Callahan
bcallahan@runestone.org

or

Folkbuilder Sara Ault
sault@runestone.org

Lore Study with Gothi Jason Plourde

Join us every Monday night

at

8:00 pm EST

7:00 pm CST

6:00 pm MST

5:00 pm PST

4:00 pm AKST

**Each study begins with trivia questions
from VNS and the previous week's
reading. A winner is announced monthly.**

**The link can be found in the AFA
Spiritual Excellence Group on Mewe.**

**For more information
reach out to Gothi Plourde
jplourde@runestone.org**



Now Available in the AFA Store



Now in pre-order! The Asatru Folk Assembly 2024 calendar. Featuring a beautiful photo of our Folk for each month, our Holy Days and Days of Remembrance. Perfect for keeping track of our many important celebrations and your own important dates.

Get your order in ASAP to ensure it arrives by the New Year!

This item is in pre-order and will not ship immediately. Shipping confirmation will be sent when the time comes.

<https://runestone.org/product/2024-afa-calendar/>



Folkbuilder Ali Clausen
aclausen@runestone.org

Njörðshof

Food Pantry at Njörðshof



This month was a groundbreaking month. We fed 68 families! Wow. We ran out of fresh food, all of the frozen meat, and most of the canned goods in the pantry. Some amazing folk came out to unload the truck, bag up the groceries, and hand out the

goodies. Thank you to all to attended and helped out. It is true. Many hands make light work.



This month was a picture-perfect example of this sentiment. The folk showed up and worked so hard. The community around our hof was so incredibly thankful for every bite. Many of them will be back in December when we will not only give out delicious food, but also toys and goodies for all the kids.



Folkbuilder Katie Joyner
kjoyner@runestone.org

Feast of the Einherjar at Njörðshof



Our Feast of Einherjar at Njordshof started as all our gatherings do, with serving the local community with our food pantry. This month Njordshof's Food Pantry Team fed 68 families! Combined with the hurricane relief food pantry from a little while back, we really are making a difference in the surrounding area and showing our neighbors how Aryan folk conduct themselves. As a Gothi, I am so proud of my folk for continuing to be a shining example of right action and sacrifice for the greater good.

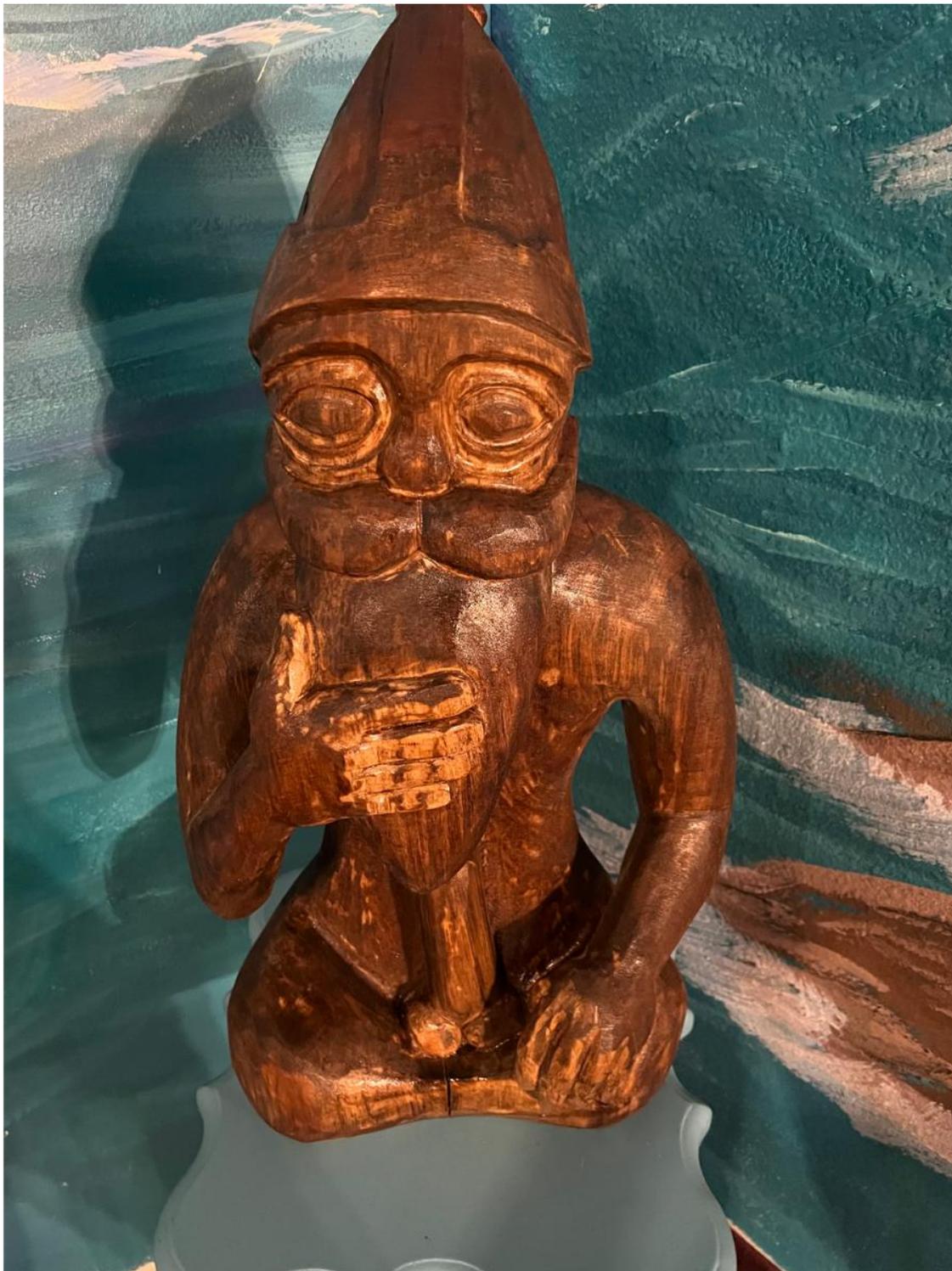
Even though we don't really experience winter in Florida, it was decided that we'd indulge in some seasonal comfort food, in the form of soups/chili, with fantastic breads and desserts. We always have the most delicious victuals for our feasting at Njordshof, of which we are all truly thankful.

Speaking of giving thanks, I was honored to lead the Blot to Lord Odin in remembrance of the Einherjar. I spoke on the concept of victory through sacrifice and how the Einherjar embody that ideal, thus making them worthy of being the ones who are chosen and worthy of our time and effort to honor them.



Immediately following my blot, and keeping the ritual mindset flowing, we named the sword of Njordshof, graciously given to us by Wendell Lesan, a retired Marine and soldier who is a member in Odinshof District. After myself, Gothi East, and Folkbuilder Mike Joyner marked it with Algiz, Wunjo, and Mannaz, we announced its name: Dauntless.

We felt the name was the perfect choice due to the trials that we've all faced as a church and particularly some of us in leadership who were very much affected by the machinations of those who wish to see us fail. Some of us have come close to losing it all, but here we still stand. Dauntless.



The final piece of ritual business that we attended to was the unveiling of the statue of Lord Freyr, masterfully carved by our very own Gilbert Page. It had been residing at my personal altar since winter nights, where I had been marking it with the Ingwaz rune and giving Lord Freyr gifts of mead and incense. It will be cared for by Njordshof until such time as it can be installed in Freyshof.

Afterwards a wonderful Sumbel was presided over by Gothi East, with many fine words of love and remembrance were spoken over the horn. All in all, a fantastic day of

ritual celebration of sacrifice, duty, and honor. Thank you to all of our wonderful folk for attending and making it such a special day for us all.



Gothi Bodi Mayo
bmayo@runestone.org

Upcoming Events at Njörðshof

Njörðshof



2023



Yule

Feast of the Einherjar
November 18th

December 16th - 17th

Þórrablót
January 21st

Winter Nights
October 21st

Charming of the Plow
February 3rd - 5th

Winter Finding
September 16th - 17th

Ostara
March 18th

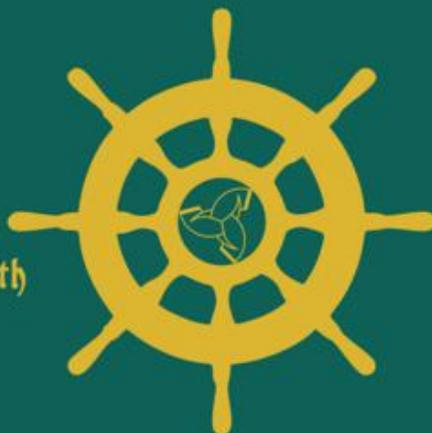
Freyfaxi
August 19th

Hexennacht
April 15th

Sigurblót
July 15th

Midsummer
June 17th - 18th

May Day
May 20th



The Harshest Winds Make the Strongest Wood

Njörðshof Poetry Corner

12 Days of Yule



*On the first day of Yule Frigga gave to me,
A tree for decorating.*

*On the second day of Yule Sunna gave to me,
A sunwheel just for burning.
And A tree for decorating.*

*On the third day of Yule Nerthus gave to me,
Earth we love so much.
A sunwheel just for burning.
And A tree for decorating.*

*On the fourth day of Yule Mani gave to me,
Cookie decorating.
Earth we love so much.
A sunwheel just for burning.
And A tree for decorating.*

*On the fifth day of Yule the Ancestors gave to me,
Tea and telling stories.
Cookie decorating.
Earth we love so much.
A sunwheel just for burning.*

*And A tree for decorating.
On the sixth day of Yule Tyr gave to me,
Family celebrating.
Tea and telling stories.
Cookie decorating.
Earth we love so much.
A sunwheel just for burning.
And A tree for decorating.*

*On the seventh day of Yule Einherjar gave to me,
Kindred time for sharing.
Family celebrating.
Tea and telling stories.
Cookie decorating.
Earth we love so much.
A sunwheel just for burning.
And A tree for decorating.*

*On the eighth day of Yule Odin gave to me,
The wisdom of the Allfather
Kindred time for sharing.
Family celebrating.
Tea and telling stories.
Cookie decorating.
Earth we love so much.
A sunwheel just for burning.
And A tree for decorating.*

*On the ninth day of Yule Ullr gave to me,
End of hunting season.
The wisdom of the Allfather
Kindred time for sharing.
Family celebrating.
Tea and telling stories.
Cookie decorating.
Earth we love so much.
A sunwheel just for burning.
And A tree for decorating.*

On the tenth day of Yule Thor gave to me,

*Outside time for playing.
End of hunting season.
The wisdom of the Allfather
Kindred time for sharing.
Family celebrating.
Tea and telling stories.
Cookie decorating.
Earth we love so much.
A sunwheel just for burning.
And A tree for decorating.*

*On the eleventh day of Yule the Land Wights gave to me,
Cleaning - dusting - mopping.
Outside time for playing.
End of hunting season.
The wisdom of the Allfather
Kindred time for sharing.
Family celebrating.
Tea and telling stories.
Cookie decorating.
Earth we love so much.
A sunwheel just for burning.
And A tree for decorating.*

*On the twelfth day of Yule Freyr gave to me,
Longer colder days.
Cleaning - dusting - mopping.
Outside time for playing.
End of hunting season.
The wisdom of the Allfather
Kindred time for sharing.
Family celebrating.
Tea and telling stories.
Cookie decorating.
Earth we love so much.
A sunwheel just for burning.
And A tree for decorating.*

— Pam McCloskey, member, Florida

'Twas the Night Before Yule!

*'Twas the night before Yule, and we were all at Njords Hof,
In the Vey where we stood with all the lights off.*

*The tables were set and we all have a chair,
In hopes that the food soon would be there.*

*The children were playing and doing Yule crafts,
While moms and the teens helped them with that.*

*The cooks in their aprons and others dressed up,
We had just unloaded the food pantry truck.*

*When out by the dumpster arose such a boom,
We all jumped to our feet and ran from the room.*

*Away to the lawn we flew like a fash,
It was an AFA member taking out the trash.*

*The moon was so bright the pond had a glow,
Gave the luster of midday on objects below.*

*When what to my wondering eyes should appear,
The Ninth Night Kindred with all members here.*

*With all of the planning to make this night happen,
We knew in a moment our feet would be tappin'.*

*With eggnog and hor d'oeuvres and more food they came,
As Tracy introduces them she called out their names.*

*There's Otto, Melinda, Kayleigh and Cheyne,
There's Carrie and Joshua and Bradley brought games.*

*To the kitchen with food,
And the foyer for laughs,
Now come on Y'all let's make some crafts.*

*Lets make some garland and wreaths to hang,
Let's decorate Njordshof with a beautiful bang.*

*The Law speaker prays and we all eat with joy,
Then later we'll give each child a toy.*

*The days almost done without too much fumble,
Don't leave in a hurry, we still have tonight's sumble.*

When tomorrow comes the food makes us drool,

But better than that let's celebrate YULE!!!

— Pam McCloskey, member, Florida

Alabama

Alabama Einherjar Moot



Central Alabama Asatruar gathered together on November 11 to celebrate Feast of the Einherjar at the famous Bright Star Restaurant in Bessemer. The Bright Star is the oldest restaurant in Alabama and offers a unique blend of Greek and Louisiana flavors, as well as spectacular hand-painted murals depicting the history of the area. It was a great opportunity to get together and share food and friendship with our Folk on the first cold night of the year.

Upcoming Events





Laura Morris
Apprentice Folkbuilder
lmorris@runestone.org



Arkansas

A Member Introduction



Hello, my name is Jarrell Czarnetzki, and I'm a strong believer in the importance of our relationship with the Gods and Goddesses of our Folk, as well as a believer that where there are two or more people together in the name of the Gods, they too will be there. So, my fiancé Dakota and I are planning moots and outings in the northwest Arkansas area, as well as future ones in Missouri and Oklahoma, as we meet more people and grow in the area in fellowship. We look forward to meeting new faces and learning more about the Gods together! Hail the Gods and Goddesses of our Folk! Hail the fallen! Hail our ancestors! Hail the Doers! And Hail the Asatru Folk Assembly!

— Jarrell Czarnetski, member, Arkansas

Folksiving in Arkansas



Blood Oak Kindred hosted a Folksiving celebration in Little Rock Arkansas. We feasted and hung out. Later we did Blot and Sumbel. After that we sat in the living room and watched a movie and just hung out enjoying each other's company.

Upcoming Events



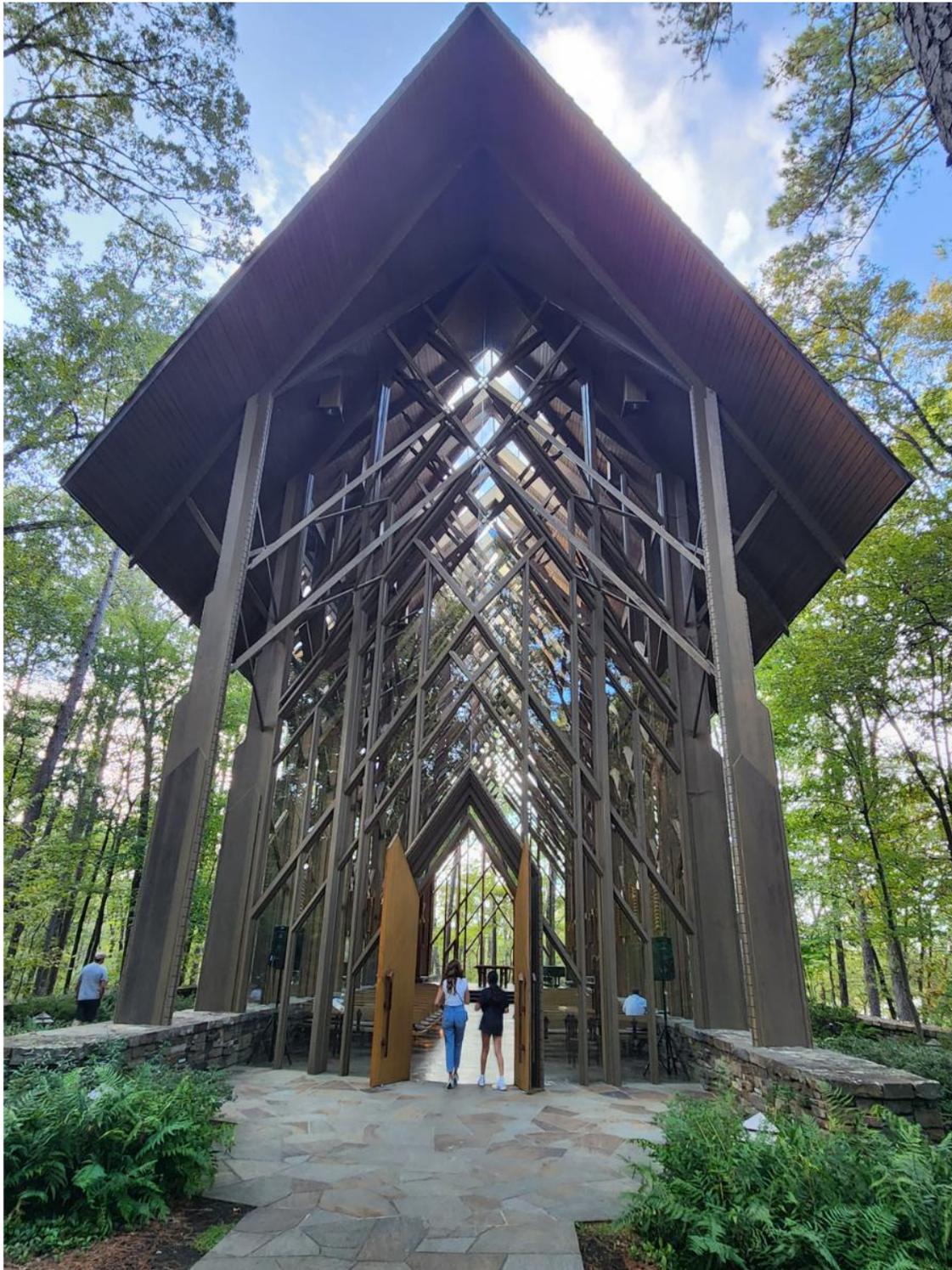


Tabitha Owens
Apprentice Folkbuilder
towens@runestone.org

Chapel in the Woods



We gathered together at the bonsai trails in Hot Springs, Alabama. The trails were very beautifully set up, but what accented the trip was massive beautifully built chapel.



Fully equipped with air conditioning, no Christian iconography, and even what looked like Othala runes.

Pre-Folksgiving Moot



Jack from Missouri came down, Brandon from Oklahoma also joined us. The three of us went to a restaurant and then stayed up playing video games and enjoying frith. Getting ready for the Folksgiving to come the next day.

The Folksgiving dinner was fantastic. We had a small Blot and Sumbel, and then put on a movie for the kids.

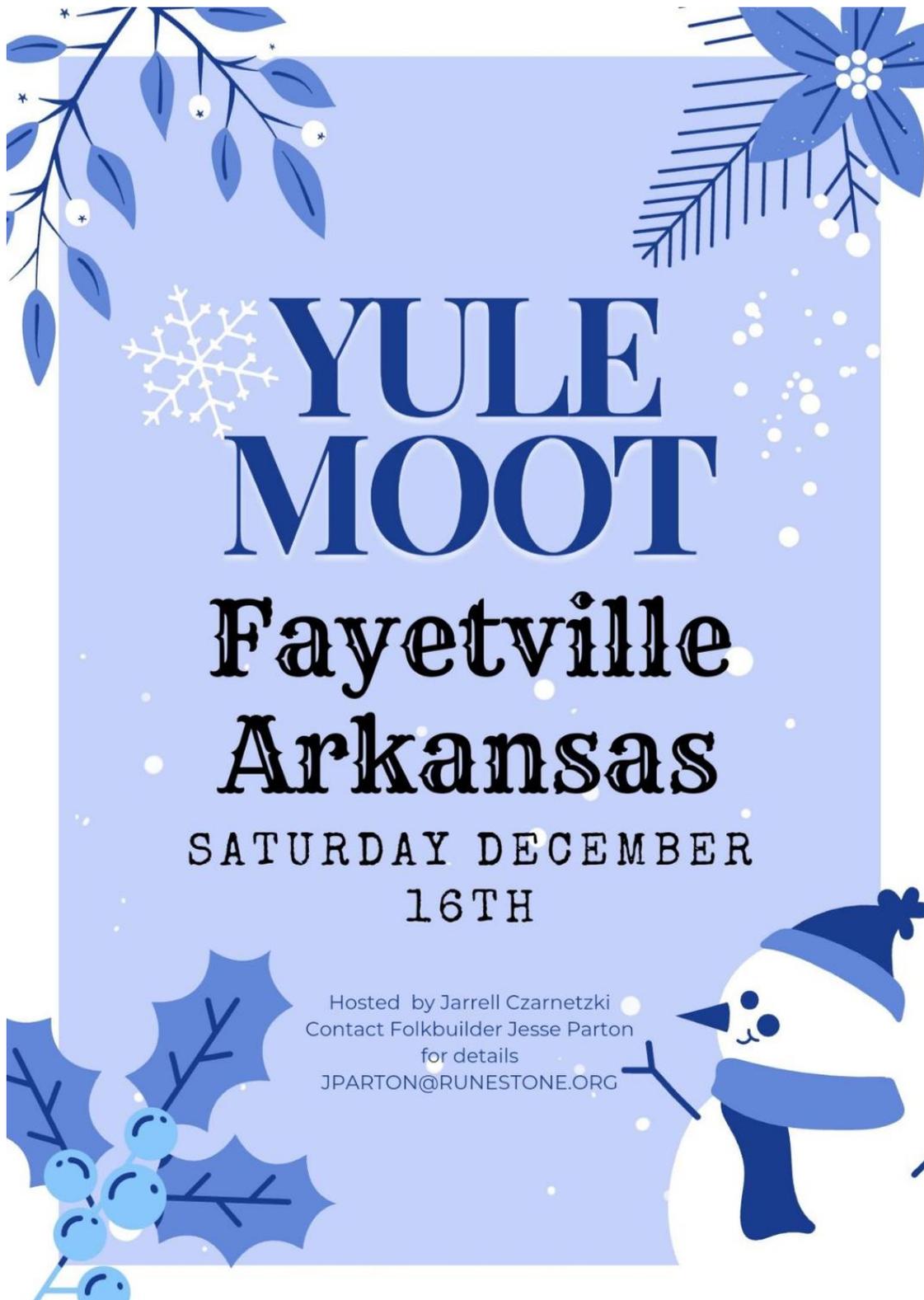
Fayetteville Arkansas Moot



I met up with Jarrell, his Fiancé, and kids. We had a good time discussing the future for our state, and are excited to see our community grow.

Upcoming Events





Hosted by Jarrell Czarnetzki
Contact Folkbuilder Jesse Parton
for details
JPARTON@RUNESTONE.ORG

Folkbuilder Jesse Parton
jparton@runestone.org



Florida

Pineapple Willies



My moot started on a windy afternoon in Panama City at Pineapple Willies, 3 people attended, two are current members and the other is extremely interested in the Asatru Folk Assembly. Hopefully after our discussions and her trip to Yule at Njörðshof this year, she will join and be welcomed with open arms, we had lunch and spoke about Feast of the Einherjar, we walked on the beach where it was very cloudy but all in all it was a beautiful time, Hail Njörðr, Hail the Asatru Folk Assembly!



Bradley Hayes
Apprentice Folkbuilder
bhayes@runestone.org

Ninth Night Presents Folksgiving



Members of Ninth Night, a Florida kindred, opened their home to celebrate Folksgiving. Our gracious hosts, Carrie and Joshua Dent made turkey and all the fixin's as we enjoyed a memorable blot to Eir by Gythia Anna Plourde and Sumbel with Gothi Jason Plourde. Ninth Night is incredible, and I am extremely grateful to call them mine.

The food was amazing, but it was our wonderful family and friends that made everything so special for Thanksgiving. Please join us next time.

Upcoming Events





Folkbuilder Tracy Adler

tadler@runestone.org

Taking the Christmas out of Yule



This time of year, we are inundated with Christmas stuff. Christmas music has been playing on the sound systems at stores for no less than 2 months and it seems that no matter where you look it's beginning to look a lot like Christmas.....but is it?

In 1038 CE, we see the phrase Christ's Mass being shortened to something that begins to look the modern Christmas, Crīstesmæsse. Fast forward to today and Christmas looks a lot different. Taking out the pagan's traditions from Christmas you're left with a holiday that would be more about fasting and penance.

So now look around at society...how much is Christ-mas vs secular celebration. I can think of only 2-3 non-secular Christmas songs. Arguments on the Jolly Man aside. The vast majority of what society celebrates about Christmas is...are you ready for it...YULE!

Alsherjargothi Matt points out in the Yule Victory Never Sleeps that we don't need to try to recreate the past, but yet create modern traditions based upon the past. All of this to get to the point of saying: Celebrate the Yuletide. Stop being so anti-Christian that you ignore Yule. This was our holiday season first. Put up a Yule tree, host a feast, ride around and look at the houses decorated with pretty lights. Embrace the Yuletide traditions and enjoy the holiday.

If you haven't watched the [Victory Never Sleeps episode on Yule](#), I suggest you do for a lot of great information!



Folkbuilder Mike Joyner
mjoyner@runestone.org

Georgia

Travel and New Folk



In November, I spent most of the month away from my home down here in Georgia; I had a cool work opportunity and stayed with my family in southwest Virginia for a couple of weeks. Thanksgiving was delicious as always, but I also got to do something new. I hadn't met anyone in the AFA from that area yet! With that, I decided to host a moot at a Southern comfort restaurant in Roanoke, VA. Myself and 4 others met and spent great quality time together over a shared meal. People who lived in that area but hadn't met yet also got a chance to connect.



Jordan Wells
Apprentice Folkbuilder
jwells@runestone.org

Texas

Fríðr Folk Kindred's 3rd Annual Feast of the Einherjar in Houston, Texas



On Saturday, November 4th, 2023, Fríðr Folk Kindred held our 3rd Annual Feast of the Einherjar in Houston, Texas. The event was held on a goat farm so there were lots of friendly goats to pet and keep us company. We enjoyed a lore study, a delicious dinner, held Blot and Sumbel to honor our Oðinn and the Æsir, our ancestors, the land spirits, and the Einherjar!



We stayed up late into the night discussing spirituality and developing our bonds of Frith, and eventually slept under the stars. We're truly grateful to have such an amazing group of people with whom we can come together in worship and honor the divine forces.



Folkbuilder Justin Day
jday@runestone.org



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